

For those of you who wish to upgrade any of our present treatment list with additional time and services, or for those who don't have the time to stay and indulge, we have created mini treatments to suit all your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30 minute mini treatments including:

## MASSAGES

BACK, NECK AND SHOULDER MASSAGE .....	1 199SCR
ORIENTAL FOOT MASSAGE .....	1 199SCR
HEAD AND SCALP MASSAGE.....	1 199SCR

## BODY TREATMENTS

EXPRESS BRIGHTENING BODY SCRUB .....	1 199SCR
EXPRESS MUSCLE DE-STRESS BODY SCRUB.....	1 199SCR
EXPRESS NOURISHING BODY SCRUB .....	1 199SCR
EXPRESS ALOE SUN SOOTHER.....	1 199SCR
DETOXIFYING SPIRULINA BODY WRAP.....	1 199SCR
MUSCLE SOOTHER THAI HERBAL COMPRESS .....	1 199SCR

## FACIALS

EXPRESS ANTI-AGING FACIAL.....	1 199SCR
EXPRESS BRIGHTENING FACIAL.....	1 199SCR
FIRMING EYE AND REHYDRATING FACIAL TREATMENT .....	1 199SCR

## NAIL SALON SERVICES

CLASSIC NAIL POLISH REMOVAL .....	1 49SCR
GEL/SHELLAC NAIL POLISH REMOVAL.....	1 99SCR
EXPRESS MANICURE.....	1 199SCR
EXPRESS PEDICURE .....	1 199SCR

## BATH RITUALS (PER COUPLE)

WILDFLOWER ROMANTIC BATH.....	1,799SCR
ANTI-STRESS AROMATIC MILK BATH .....	1,799SCR
DETOXIFYING MINERAL-RICH WELLNESS SOAK.....	1,799SCR

## RAFFLES SPA BESPOKE EXPERIENCE

Build your own combination of treatments, including facials, body wraps, scrubs, massages and bath rituals.

### CHOICES OF ANY 3 TREATMENTS

90 MINUTES .....	3,399SCR
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### CHOICES OF ANY 2 TREATMENTS

60 MINUTES .....	2,299SCR
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**EXOTIC WILD-FLOWER HAND TREATMENT**

60 minutes (9am - 4pm).....1599SCR

This deluxe manicure features a hand exfoliation treatment with multi-acid peel pads, a soak in wild-flower essences, a pampering paraffin treatment, and an application of enriching myrrh nail oil to your cuticles. As well, enjoy a relaxing hand and arm massage with organic lavender essence.

Note: Additional charge of SCR 199 applies for removing gel or shellac nail polish

**REVITALIZING FOOT TREATMENT**

60 minutes (9am - 4pm).....1799SCR

Relieve parched, cracked skin. This ritual begins with a foot soak in thermal mineral salts and wild-flower oil; then, rough skin is exfoliated with a creamy eucalyptus salt mixture, and feet are treated to a soothing massage with natural foot balm rich in menthol, eucalyptus and lavender. A pedicure completes the treatment.

Note: Additional charge of SCR 199 applies for removing gel or shellac nail polish

**EXECUTIVE HAND GROOMING FOR MEN**

45 minutes (9am - 4pm).....1599SCR

A healthy approach to a traditional manicure, this deluxe treatment begins with a soak in thermal minerals and essential oils, continues with a unique Turkish-salt hand exfoliation and finishes with a luxurious hand massage to relieve dry skin.

**EXECUTIVE FOOT GROOMING FOR MEN**

60 minutes (9am - 4pm).....1799SCR

This foot grooming helps to stimulate circulation as well as revitalize weary feet. Eucalyptus and Turkish salts exfoliate the feet, which are immersed in a rejuvenating foot bath. A paraffin treatment relieves dry and cracked skin. The grooming is completed with a foot massage using a therapeutic foot balm, which seals in moisture.

## LADIES HAIR SALON SERVICE

(Available from 9am-4pm, except for Evening Updo)

- EVENING UPDO.....2599SCR
- REPLENISH RITUAL.....1599SCR
- WASH & BLOW DRY.....1699SCR
- CUT, WASH & BLOW DRY.....1899SCR

## MEN'S SALON SERVICE (Available from 9am-4pm)

- WASH AND CUT.....1699SCR
- WASH AND CUT WITH  
15-MINUTE NECK AND SHOULDER MASSAGE.....1999SCR

## WEDDING SERVICES

- BRIDAL HAIR.....3199SCR
- BRIDAL MAKE UP.....2599SCR
- BRIDE AND GROOM PACKAGES.....14999SCR

The above services are available by request, and are subject to availability as well as taxes and service charges.

### WILDFLOWER COUPLES ROMANCE

90 minutes.....7399SCR

Indulge in together time with a relaxing aromatic soak with wildflowers and romantic candlelight. After your muscles have had time to relax, enjoy a relaxing 60 minute massage ensuring the perfect combination for you and your partner.

### COUPLE'S BLISS

90 minutes.....6999SCR

Enjoy side-by-side indulgence with the 60 minute relaxing massage using an aromatic oil and freestyle techniques combined with a 30 minute mini facial by Kerstin Florian and Refinery for Men.

### TREASURED TIME

60 / 90 minutes.....4999 / 7399SCR

Relax together with our Raffles Seychelles Signature Massage, which uses a blend of essential oils and purpose-designed movements to stimulate circulation, promote deep relaxation and restore the flow of energy throughout the body. This wonderfully soothing and rejuvenating experience is ideal for togetherness time.

### BESPOKE COUPLES EXPERIENCE

For truly personalized and romantic pampering, build your own couple's experience - choose from a variety of Body Massages, Spa Journeys, Body Treatments or Facials and enjoy them together in the privacy of our Couples' Suite or alfresco treatment room.

### BODY MASSAGE ENHANCEMENT

- ORGANIC COCONUT OIL UPGRADE.....200SCR

**RAFFLES SEYCHELLES SIGNATURE MASSAGE**

60 minutes.....2499SCR  
 90 minutes.....3499SCR

With Asian inspirations in mind this signature massage was thoughtfully crafted to ensure deep relaxation, promote circulation and relieve aches and pains. Encompassing several techniques of Thai, Balinese and Eastern influences, this massage offers passive stretching, followed by a full body deep relaxing oil massage to alleviate muscle stiffness. Using Aromatherapy Associates oil, this unique blend of essential oils inspires a sense of positivity and wellness. An ideal massage for those who experience tightness and muscle pain, perfect for after a long journey or strenuous physical activity.

For the ultimate signature experience, add a 30-minute Muscle Soother Thai Herbal Compress.

**HOT STONE THERAPY**

60/90 minutes.....2499 / 3699SCR

Therapeutic heat is slowly released deep into the muscles as warm basalt stones bathed in aromatherapy oils glide smoothly over your entire body, enhancing the benefits of your massage. Small stones placed on key energy points balance chakras and harmonise your vital energy flow.

**MOTHER-TO-BE MASSAGE**

60/90 minutes.....2499 / 3699SCR

This blissful experience uses gentle, slow and rhythmic massage techniques to promote well-being and deepen the connection between mother and baby. The tension in the back and the swelling of the hands and the feet are alleviated.

**OCEAN SEASHELL MASSAGE**

90 minutes.....3499SCR

The Seashell Massage incorporates the benefits of the ocean, ancient healing rituals, energy, meditation and hands-on massage into a one of a kind experience. Combining seashells, warm oils and specific techniques, this unique massage will take you on tropical voyage.

**BODY MASSAGE ENHANCEMENT**

• ORGANIC COCONUT OIL UPGRADE.....200SCR

## MUSCLE DE-STRESS MASSAGE

60 / 90 minutes (9am - 4pm).....2199 / 3299SCR

60 / 90 minutes (4pm onwards).....2399 / 3499SCR

Using the Aromatherapy Associates De-Stress Muscle Oil, this massage uses rosemary, black pepper and ginger which is absorbed deep into the muscle. The therapist will apply medium to deep pressure, according to your specific needs. Soothe achy tired muscles and decompress your nerves as we release all your worries.

## SLEEPY TIME RELAXATION MASSAGE

60 / 90 minutes (9am - 4pm).....2199 / 3299SCR

60 / 90 minutes (4pm onwards).....2399 / 3499SCR

Calm yourself after a long journey and rest easy with Aromatherapy Associates Deep Relax Massage Oil. Aromas of vetivert, chamomile and sandalwood assist in calming your overactive mind and help bring you to a more restful state.

## ORIENTAL FOOT MASSAGE

60 minutes (9am - 4pm).....2099SCR

60 minutes (4pm onwards).....2399SCR

Experience holistic revitalisation and deep relaxation as your therapist applies specific thumb and finger techniques to various reflex points on the feet, which effectively stimulate corresponding organs in the upper body.

## BODY MASSAGE ENHANCEMENT

- ORGANIC COCONUT OIL UPGRADE.....200SCR

**ENRICH YOURSELF**

90 minutes..... 3699SCR

Give your body the intense nourishment it needs with this luxurious Aromatherapy Associates treatment designed to rejuvenate dry skin and revitalise the senses. Begin your treatment with a footbath which will condition and soothe the feet. Using a body butter exotically scented with flowers such as jasmine, patchouli and geranium, harmoniously working together to help lift emotions, nourish the skin, and leave you feeling enriched. The experience ends with a balancing hair oil application to moisturise and condition the scalp and hair.

**GINGER RENEWAL**

90 minutes..... 3499SCR

Allow ginger’s healing and warming properties invigorate and nourish in this renewing head-to-toe treatment. Earthly minerals are combined with ginger’s healing properties in an invigorating full body exfoliation. Enjoy a pampering back, neck and shoulder massage with ginger oil, whilst warm healing stones melt into your muscles. Next, nourish and relax inside a warm cocoon while a forehead, ear and pressure point scalp massage complete this uplifting experience whilst it awakens the senses.

**BODY FIRING DETOX**

60 minutes..... 2399SCR

90 minutes..... 3599SCR

Refine and firm body contours, promoting detoxification as you reenergize. An exclusive dry brush technique helps to exfoliate the skin, stimulate lymphatic drainage and circulation, and promote the absorption of clinically-tested slimming actives. Nutrient-rich algae is applied to the body followed by a deeply relaxing head massage. An exclusive slimming massage and serum help to stimulate circulation and activate lipolysis with ginger and caffeine. Finish this firming experience as a Multi-Vitamin Firming Crème hydrates and brightens the body.

Note: For a more effective treatment, book a 90-minute option which includes a Detoxifying Spirulina Body Wrap, a superior antioxidant treatment.

**SOOTHING SUN ALOE WRAP**

60 minutes..... 2399SCR

The healing, moisturizing properties of the organic aloe vera plant are combined with the remineralizing and nourishing elements of algae and soothing properties of lavender in this deluxe hydrating body wrap. Includes a luxurious scalp and neck massage followed by a foot massage with invigorating alpine foot balm.

**LUXURY CAVIAR ANTI AGING FACIAL**

90 minutes.....3699SCR

A decadent, luxurious facial that firms, tones, refines and deeply hydrates the skin with protein rich caviar and powerful antioxidants. Beautiful caviar products infuse the skin with age-defying nutrients to smooth fine lines and improve texture. An exclusive Aculift Massage visibly firms and tones as the Marine Biomatrix Sheet provides intensive hydration to instantly restore radiance. Results are immediate, leaving the skin looking supple, healthy and luminescent.

**CORRECTING BRIGHTENING FACIAL**

90 minutes.....3499SCR

This specific treatment delivers brightening and clarity for immediate luminosity. With this results-driven facial, the hands, face, neck and décolleté are treated to effective formulas that even out skin texture and tone. Using a powerful blend of skin-illuminating botanicals and Acti-5 Brightening Complex, along with a multi-acid peel, a concentrated Vitamin C ampoule, and a unique cooling masque with luminous rice, skin appears lighter, brighter and more refined.

**CUSTOMIZED RENEWAL FACIAL**

60 minutes (9am - 4pm).....2199SCR

60 minutes (4pm onwards).....2399SCR

Renew your skin with this deluxe facial based on the ancient and influential art of Aromatherapy. Centered on a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and relaxation. Includes an invigorating foot soak, specially developed aromatherapy facial, scalp and foot massage.

**REFINERY MEN DEEP CLEANSING FACIAL**

60 minutes (9am - 4pm).....2199SCR

60 minutes (4pm onwards).....2399SCR

When time is short and you need to look your best, this deep cleansing and brightening facial, will leave your skin looking clean and luminous. The results are a clear, clean and bright complexion, full of health and vitality.

**FACIAL ENHANCEMENTS**

- EYE AND LIP RESCUE.....1199SCR

- AMPOULE THERAPY.....1199SCR



## PEARLS AND CAVIAR ULTIMATE ANTI-AGING REJUVENATION

150 minutes ..... 5499SCR

This ultimate Anti-Aging face and body experience promises full body and mind rejuvenation. Your experience begins with a fully body polish using the gentle pearl beads, followed by a bamboo and ginger massage invigorating the senses and relaxing achy muscles. Finish the treatment with the Caviar Anti Aging facial, resulting in a youthful radiance glow.

## LAVENDER DREAMS ISLAND EXPERIENCE

120 minutes ..... 4599SCR

Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deep. Inhale the calming and balancing benefits of wild lavender in this completely uplifting and rejuvenating spa experience. Includes a two-step invigorating full body scrub, a warm wrap with pressure point scalp massage, and a full body massage with warm, healing stones.

## TIME OUT FOR MEN

120 minutes ..... 4599SCR

Achieve a heightened state of relaxation and well-being. Begin your experience with a back cleanse and exfoliation that refreshes the skin. Continue the journey with a stress relieving back massage and therapeutic Ayurvedic scalp massage to pinpoint areas of tension, bringing relief to tired or aching muscles and a relaxing foot massage to soothe your worries. Finish with a deep cleansing facial using an exotic blend of the finest essential oils and effective natural botanicals unique to the Refinery range, whilst rebalancing your skin, leaving it bright, supple and refreshed.