



emerge
brighter

A collage of fresh fruit and herbs. At the top left, there are slices of kiwi and orange. Below them, a large kiwi slice shows its seeds. To the right, a green sprout with small leaves is visible. The background is white.

perfecting

your journey

eforea spa at Hilton Seychelles Northolme Resort and Spa is a place like no other where you will reconnect with yourself and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.



enhancements

head & face

30MIN 650

Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

shoulder, neck & scalp

30MIN 650

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

feet

30MIN 650

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

experience add-ins (bundled)

30MIN 550



*All prices are quoted in Seychelles Rupee and are inclusive of service charge and Government Taxes.



essentials

journey



DR BURGNER

When science meets nature, face and body treatments are created that are free from parabens, artificial colours and perfumes to improve the quality of the skin, and deliver instant results.

Dr Burgener combines treatments with a high concentration of natural active ingredients hand selected and combined with cutting-edge Swiss technologies to treat skin from within and provide you with the proper balance you need.

face

Coco Signature Facial

90MIN 2450

Signature anti-aging facial combats all signs of aging through the application of highly potent extracts and oils combined with a luxurious and lifting facial massage.

Coco Correcting

60MIN 1795

Addresses the needs of combination to oily skin through deep cleansing and rehydration to stabilise and restore the skin's natural balance.

Coco Pearl Hydrating

60MIN 1675

Deeply regenerates skin cells and boosts hydration through the application of Green Caviar, Gold trace elements and Coco Serum to nourish and rehydrate the skin.

Coco Sun Sensitivity

60min 1675

A calming and hydrating boost for sensitive or sun damaged skins with Plant collagens and the unique Coco Serum to penetrate dryness at a cellular level.

Eye Contouring

30min 775

Reduces the appearance of fine lines, dark circles and puffiness. Tired eyes are soothed with this focused treatment, which can also be combined with any treatment from the menu.

massage

Champagne Massage

60MIN 1750

Vinotherapy massage emits powerful anti-aging properties to ensure glowing and rejuvenated skin using unique lifting movements to mimic detoxification and promote firming.

Volcanic Heat Massage

75MIN 1675

Energy balancing and stimulating volcanic stones are combined with essential oils to apply heat to the muscles for a warming massage that achieves a deeper level of relaxation.

Relaxing Aromatic Massage

60MIN 1550

An artful massage combined with comforting yet powerful essential oils which regenerate and communicate peace and harmony for body and soul.

Seychellois Massage

60MIN 1495

A bespoke massage created by your therapist to suit your preferred pressure, area of focus and massage technique.

body

Mineral Crystals

45MIN 1375

Salt crystals rich in therapeutic minerals remove dead skin cells and stimulate circulation to renew the surface cells of the skin for a smoother, softer appearance.

Apricot Honey

45MIN 1375

Tiny exfoliating grains of crushed tropical apricot stones mixed with honey hold balancing and nourishing properties to leave the most sensitive skin hydrated and soft.

experience

Orchid Champagne Ritual

180MIN 4050 per person

180MIN 6900 per couple

A luxurious ritual created for a head to toe experience offering a soothing body exfoliation and decadent body wrap culminating with an aromatic champagne body massage and the purest of facials. A true Spa escape.

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escape *journey*



TERRES D'AFRIQUE

Is a sustainably developed organic skincare that harnesses the potency of Africa's legendary botanical heritage in a collection of laboratory-crafted formulations. This range of products is about a passion for nature, for Africa, for travelling the continent, exploring and discovering new plants, places, people. The products are the result of a yearning to know and understand the full impact of what the African plant kingdom has to offer – nature is the inspiration.

face

Homme D'Afrique

30MIN *925

60MIN *1525

Created especially for men, this facial eliminates toxins, reduces congestion and deep cleans skin for an improved complexion. A shave the night before helps to achieve maximum results.

massage

Crystal Cavern Signature Massage

60MIN 1650

90MIN 2200

Bring balance and harmony to both body and mind in this full body massage with crystal balls. This unique treatment helps to restore the body's natural frequency.

Afrique Gold

90MIN 2050

Shea butter melts to golden oil and combined with a slow deep massage action results in profound relaxation. Essential vitamins rehydrate, recondition and revitalise the skin to help prevent skin aging.

Ocean Release

60MIN 1850

90MIN 2450

Muscle relaxing and anti-inflammatory properties stimulate the immune system, tone, heal and fortify the body and work deeply into the muscles to alleviate aches and pains.

body

Afrique Noir

90MIN 2225

A gentle full body exfoliation is followed by a holistic soothing and healing ritual using Omumbiri body butter and organic coconut oil mask, enhanced by lifting and firming elements to deeply moisturise and restore skin's elasticity.

Natures Balance

90MIN 2150

The pure goodness of Coconut oil melts antioxidants and vitamin E into the skin following a full body exfoliation. Lymph nodes are drained and pressure points are activated in a massage with natural curative and balancing abilities.

White Aloe

60MIN 1800

White clay combined with an Aloe gel body mask works in deep harmony with the skin's layers to soothe away the stresses of pollution, irritation from sun burn and all types of skin sensitivity. Hydrates and relieves the skin.

experience

Golden Moments

120MIN 2900 per person

120MIN 5400 per couple

A restoring experience which combines meditation with a relaxing body mask, followed by a Golden Shea massage to take you to another level of tranquillity.

nails

Express Manicure by OPI

30MIN 825

Spa Manicure by OPI

60MIN 1150

Express Pedicure by OPI

30MIN 825

Spa Pedicure by OPI

60MIN 1350

*Created especially for men.

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eforea spa at Hilton Seychelles Northolme Resort & Spa

Overlooking the Indian Ocean, the stunning views enhance your pure relaxation and wellbeing experience. Leave your body in the expert hands of our professional therapists as they remove every knot and tension as you ascend to a state of emotional tranquillity and physical wellbeing.

Phone: +248 429 9000 ext 177

Email: sezhi_spa@hilton.com

CANCELLATION POLICY

If you need to make a cancellation or date change, we request a minimum of 6 hour notice for any service. Fifty percent of the service price will be charged on any late cancellation or no show appointments.

APPOINTMENTS

For Spa services, please arrive 15 - 30 minutes in advance of your appointment to allow time to change into a robe and if applicable enjoy access to the Spa facilities. Being on time for your appointment is appreciated, both in consideration of our other guests and in order for you to receive your full service.

SPA ATTIRE & ETIQUETTE

To enjoy fully your spa experience and as a courtesy to other guests, your cell phone should be on silent mode at all times and conversation should be conducted in a low voice.

We regret that we cannot be responsible for the loss or damage of personal articles, however we do provide lockers and suggest that you use these for any items you may bring to the Spa with you.

Our professional therapists will respect your modesty at all times with professional towel draping and will provide you with disposable underwear, however, if you prefer, you may choose to wear your own underwear or swimsuit.

MINIMUM AGE

The Spa is an adult-oriented atmosphere, therefore the minimum treatment age is 16 years. Young adults under the age of 18 years will need a signed waiver and/or accompaniment by a parent or adult guardian for services.

GIFT CERTIFICATES

An eforea Spa gift certificate makes a wonderful gift for any special occasion or holiday. Gift certificates are available at the eforea Spa reception and are non-refundable, non-transferable or redeemable for cash or credit.