

RESORT  
BROCHURE



  
**Hilton**  
SEYCHELLES LABRIZ  
RESORT & SPA

## EAT & DRINK AT THE RESORT



### PORTOBELLO

A fine Italian menu under the stars, by the shore of the lagoon. Savor the finest Italian cuisine accompanied by an exquisite selection of wines and the sound of flowing mountain streams. Reservation required.

**Opening Hours:** 6.30pm until 10:00pm



### SAKURA

An open kitchen serving fresh seafood & Asian fusion cuisine. Watch the moon rise over the sea as your grilled seafood or sushi is prepared at the open South Asia kitchen. Reservation required.

**Opening Hours:** 6.30pm until 10:00pm



### CAFÉ DAUBAN

Café Dauban is our international buffet restaurant where every night there is a different themed buffet. No reservation required.

**Opening Hours:** 6.30pm until 10:00pm



### GRAN KAZZ

This excellent Creole restaurant offers local specialties and is set in a beautiful 150-year-old Creole house. Taste the "kari zourit" with a glass of home-brewed pepper rum. Reservation required.

**Opening Hours:** 6.30pm until 10:00pm



### TEPPANYAKI

Succulent Japanese dishes with stunning mountain view. Experience Silhouette's showpiece restaurant under a pavilion on the edge of crystal-clear lagoon. Supplement charges on half board & full board package. Reservation required.

**Opening Hours:** 7:00pm until 10:00pm



### LO BRIZAN

HAPPY HOUR Daily  
Cocktail selection

**Entertainment:** Thursdays/Sundays - DJ at 9:00pm  
Fridays - Creole King at 9:00pm

**Opening Hours:** 5:30pm until 6:30pm  
and 9:00pm until 11:00pm

## RESORT FACILITIES



### EFOREA SPA

Welcome to the peace and tranquility that is the secluded sanctuary of eforea Spa. Set into the lush jungle landscape and nestled amongst the granite boulders to give you breathtaking views and a feeling of oneness with nature.

Your journey into sensory bliss begins here, with every smell, every sound and every touch designed to take you to a state of heightened relaxation.

Friendly smiles guide you, attentive care cocoons you and expert hands envelop your physical, emotional and spiritual needs.

Our treatment incorporate a journey thought "Degrees" our outdoor thermal lounge providing Steam, Sauna, Jacuzzi, shower and Plunge pool to enhance your treatment experience.

If you prefer solitude, our relaxation room will provide you with the perfect place to reflect and be still.

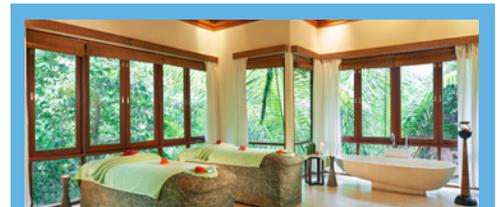
Let your body relax and your mind wander, drift away and let your journey begin.

#### Opening Hours:

9:00am until 8:00pm

#### Reservations:

Please contact Spa reception  
ext. 700



### ISLAND DELIGHT

Pampering your skin with desert salt scrub followed by a relaxing body massage 90 min for SCR 2,100\* per person

\*Price is inclusive of VAT and service charge  
For reservation, please contact Spa reception ext. 700



### SPECIAL OFFER

Buy a 90 minutes and get 30 minutes complimentary.  
Choice of scalp massage & hair mask Mini facial, foot mask & massage.

\*This offer is not valid on any SPA package and cannot be combined with another promotion.  
Only valid from 10 am to 3 pm

# RESORT FACILITIES



## YOGA

	SINGLE	COUPLE
60mins Session	SCR 650	SCR 1040
3 Day Package	SCR 1650	SCR 2800
5 Day Package	SCR 2750	SCR 4680
7 Day Package	SCR 3850	SCR 6550

30mins Trial Session **Complimentary**  
(Wednesday at 8:00am)

## TENNIS LESSONS

Child	SCR 490/h
2 Children	SCR 880/h
Adult partner	SCR 200/h

**Opening Hours:**  
8:00am until 8:00pm



## CRAZY BEACH MINI GOLF

4 to 10 years	SCR 45
Adult	SCR 90
3 players	SCR 250
6 Players	SCR 485

## ARCHERY

1 Player	SCR 90
2 Players	SCR 150
4 Players	SCR 330

30mins/game  
Not suitable for children under 10 years

\*All prices are inclusive of VAT and Service Charge  
For reservation, please contact Activity Centre ext. 730 .

# ACTIVITY SCHEDULE

DAY	TIME	PRICE	MIN	MAX	INCLUSIONS
<b>HIKE EXCURSIONS</b>					
Jardin Marron	Wednesday	9 am to 1 pm	*Private or any other day SCR 1,500/Pax	N/A	10
			SCR. 950/Pax	2	10
Anse Mondon	Monday	9 am to 3.30 pm	*Private or any other day SCR 1,500/Pax	N/A	10
			SCR. 950/Pax	2	10
					Hiking bag, Lunch & Water
Grand Barbe	Friday	8.30 am to 6 pm	*Private or any other day SCR 2,000/Pax	N/A	6
			SCR. 1,500/Pax	2	6
<b>BOAT EXCURSIONS</b>					
Picnic at Anse Mondon	Tuesday, Thursday & Saturday	11 am to 3.30pm	*Private or any other day SCR 2,500 /Pax	2	6
			SCR. 2,000 /Pax	2	6
					Lunch, Sparkling Wine, Water, Soft Drinks & Canapés
Praslin & La Digue	Monday	7.30 am to 6 pm	SCR. 4,500/Pax	6	12
					3 Course Cold Lunch, Water & Soft Drinks
Offshore Fishing	Thursday	7.30 am to 10.30 am	SCR 5,000/Pax	4	8
					Baits, Water, Soft Drinks & Snacks
Coastal Trolling Fishing	Monday, Wednesday & Sunday	8 am to 11 am	*Private or any other day SCR 2,000/Pax	N/A	4
			SCR 1,200/Pax	2	4
					Baits, Water & Soft Drinks
Silhouette Fishing	Tuesday, Thursday & Saturday	5 pm to 7 pm	*Private or any other day SCR 2,000/Pax	3	12
			SCR 800/Pax	6	12
					Baits, Water & Soft Drinks
Sunset Cruise	Wednesday & Sunday	5 pm to 7 pm	*Private or any other day SCR 2,000/Pax	2	12
			SCR 1,075/Pax	6	12
					Sparkling Wine, Water, Soft Drinks & Canapés
<b>OTHER ACTIVITIES</b>					
Creole Cooking Class	Monday, Tuesday	11 am to 2 pm	SCR 1,375/Pax BB/HB/RO SCR 1,100/Pax FB	2	6
					Cooking Class & Lunch (Full charge if not cancelled 24h in advance)
Yoga	Wednesday	8 am to 8.30 am	Complimentary	2	8
					12h booking in advance

## ADDITIONAL COMMENTS FOR HIKING TOURS

Prices include water and a snack box. Please note that you need to be in a good physical condition (as you will experience high humidity and warm temperatures) and have given full consideration to the length of the hikes, which meander through the national park along basic forest trails. For the same reasons restrictions regarding the participation of children may apply. Please wear a cap and comfy clothing, closed toe shoes and bring sun cream and insect repellent with you. For health and safety reasons, we strongly recommend you not to engage on any of the hikes described above without a professional guide. Hiking on your own in the national park is not forbidden and by doing it you are fully accountable for your own safety.

Activities and schedule may be altered without notice due to weather, trail and sea condition. For bookings and to know more about our activities, kindly approach any of the activity coordinator at the activity centre or call extension 730.

\* Please check with Activity Centre on availability for private or any other day requests

## ACTIVITIES EXCURSIONS



### HIKE TO ANSE MONDON

This beautiful hike through the National Park will take you around Silhouette's north western part to Anse Mondon, a small, secluded cove in the north of the island. You will pass a view point, aptly named 'Belle Vue', with stunning panoramic views of Silhouette's sea-scape. Upon arrival you will have the chance to cool off on the beach or swim and snorkel in the crystal-blue sea.

The maximum elevation is approximately 260 m. The notorious and intrepid pirate Jean-François Hodoul ventured into the pristine wilderness of the island before settling on Mahé. Legend has it that he buried his treasure on Silhouette ... reward yourself with a 15 minute boat ride back to the resort where you can admire spots that cannot be reached by foot.

**Days:**  
Monday

**Time:**  
9:00am until 3:30pm - 4 hour round trip

**Requirements:**  
Minimum attendance of 2 guests with maximum attendance of 12 guests.  
Closed toe shoes required.

**Endurance Level:**  
Medium (No children allowed)

**Highlight:**  
The panoramic view from "Belle Vue."

**Price:**  
SCR 950 per person including hiking bag, picnic, water & hand towel. SCR 510 boat return per person.  
Private: SCR 1,500 per person.  
Boat transfer requires pre-booking 48 hours in advance and it is suitable to availability.



### HIKE TO JARDIN MARRON

This very interesting trail was initially trodden by slaves fleeing La Passe village in the nineteenth century. It involves a fairly strenuous uphill hike up to around 450 m altitude and will take you into the centre of the island and to the only location where Silhouette's own collection of Coco de Mer trees can be seen. Along the way, numerous endemic plants, birds, insects and reptiles can be spotted, including the giant millipede, Seychelles Bulbul and skink (lizard). After spending some time to take photos, relax and look for lush fauna, it typically takes around one hour to descend back to La Passe village.

**Days:**  
Wednesday

**Time:**  
9:00am until 1:00pm - 3 hour round trip

**Requirements:**  
Minimum attendance of 2 guests with maximum attendance of 12 guests.  
Closed toe shoes required.

**Endurance Level:**  
Medium (No children allowed)

**Highlight:**  
Coco de Mer, the worlds largest nut and Seychellophryne gardineri, one of the smallest frogs in the world.

**Price:**  
SCR.950 per person, including hiking bag, picnic, water & hand towel.  
Private or any other day: SCR.1,500 per person.

## ACTIVITIES EXCURSIONS



### HIKE TO GRAND BARBE

Embark on a challenging hike across the island to the stunning Grand Barbe plateau, where you can see wild giant tortoises, explore one of the largest mangrove forests in the country and relax on a 1 km long stretch of white sand. Some 60 residents once resided in Grand Barbe village, but today only 2 residents remain, and adventurers can explore some of the broken-down buildings.

During the hawksbill turtle nesting season (November - February) the sight of turtle tracks along the beach is virtually guaranteed, and there is a good chance to observe nesting females, especially around high tide. The hike normally takes approximately three hours in each direction, with a few hours spent in between at Grand Barbe to explore or relax.

**Days:**  
Friday.

**Time:**  
8:30am until 6:00pm

**Requirements:**  
Minimum attendance of 2 guests with maximum attendance of 6 guests.  
Closed toe shoes required.

**Endurance Level:**  
Hard (No children allowed)

**Price:**  
SCR 1,500 per person, including hiking bag, picnic, water & hand towel.  
Private or any other day: SCR 2,000 per person.



### PICNIC AT ANSE MONDON

How about having a private picnic on the secluded beach of Anse Mondon - sitting on white sand, water lapping around your feet and enjoying delicacies prepared by our chefs. The boat ride will only take 15 minutes. After the feast, the crystal blue sea invites you to snorkel and swim.

**Days:**  
Tuesday, Thursday and Saturday.

**Time:**  
11:00am until 3:30pm

**Requirements:**  
Minimum attendance of 2 guests.

**Highlights:**  
Sip a glass of sparkling wine with your feet in the crystal blue sea.

**Price:**  
SCR2,000 per person, including picnic basket, sparkling wine, water & soft drinks.  
Private or any other day: SCR.2,500 per person.  
A 50% discount applies for children between the ages of 5 to 10.

\*Availability according to tide.

## ACTIVITIES EXCURSIONS



### CREOLE COOKING CLASS

Looking for an authentic Creole experience? Discover the Creole culture through their authentic cuisine, learn the secret recipe to prepare a delicious curry and enjoy it for lunch on our restaurant terrace facing the sea.

**Days:**

Monday and Tuesday.

**Time:**

11:30am until 2:00pm - Cooking class with starter, main course and dessert.  
12:30pm until 1:30pm - Lunch in the restaurant including 1 glass of wine or 1 soft drink for aperitif.

**Requirements:**

48 hours prior reservation and minimum attendance of 2 guest with maximum of 6 guests.

**Highlight:**

Dive into the true creole culture.

**Price:**

SCR.1,375 per person including cooking class & lunch.  
SCR.1,100 per person in full board.



### SUNSET CRUISE

During this boat tour you will discover the true beauty of Silhouette island. On this trip, you will have the chance to not only see a spectacular sunset, but also the western part of the island with its 1 km long white sandy beach and its early plantation buildings designed to store the coconut harvest. When the sea is quiet, flying fish will accompany the ship.

**Days:**

Wednesday and Sunday.

**Time:**

5:00pm until 7:00pm

**Requirements:**

Minimum attendance of 6 guests.

**Highlights:**

Discover the beauty of the island.

**Price:**

SCR.1,075 per person, including sparkling wine, water, soft drinks & canapés.  
Private or any other day: SCR.2,000 per person.  
A 50% discount applies for children between the ages of 5 to 10.

## ACTIVITIES EXCURSIONS



### COASTAL TROLLING FISHING

Enjoy a fun and active by trolling around Silhouette Island. Trolling is a method of fishing where one or more fishing lines, with lures or fish, are drawn through the water. We provide all necessary equipment; all you need to do is catch the fish.

**Days:**

Monday, Wednesday and Sunday.

**Time:**

8:00am until 11:00am.

**Requirements:**

Minimum attendance of 2 guests.

**Highlight:**

Your catch can be prepared for dinner.  
Please see offered fishing packages.

**Price:**

SCR 1,200 per person.  
Private or any other day: SCR 2,000 per person.  
A 50% discount applies for children between the ages of 5 to 10.



### SILHOUETTE FISHING

Feel the Creole spirit by fishing the traditional Seychellois way: the bottom fishing. With a weight tied to the end of a hand line, and a hook you can catch different kinds of fishes. It's a very entertaining way of fishing and can also easily be done by children.

**Days:**

Tuesday, Thursday and Saturday.

**Time:**

5:00pm until 7:00pm

**Requirements:**

Minimum attendance of 6 guests.

**Highlight:**

Your catch can be prepared for dinner. Please see our offered fishing packages.

**Price:**

SCR 800 per person.  
Private or any other day: SCR 2,000 per person.  
A 50% discount applies for children between the ages of 5 to 10.

## ACTIVITIES EXCURSIONS



### ECO CENTER - PADI 5 STAR IDC CENTRE

Have you ever wondered what it's like to breathe under water?

The Eco Center, located in the village of La Passe, offers almost everything around diving, snorkeling and water sports:

- Diving tours for qualified divers, morning and afternoon and also night dives.
- Diving programs and courses from absolute beginner to the professional level of diving instructor.
- Discover Scuba Diving: A short lecture and a pool session and you are ready to join a dive with an instructor to explore the beauties of the Indian Ocean.
- Kids from 8 to 10 years of age can do their Bubblemaker in the pool.
- For snorkeling you can book a boat tour to different spots around the island. Join the guided snorkel tour to see the big diversity of the marine life around Silhouette.
- The Eco Center offers also snorkel equipment, single and double kayaks and Hobie Cat for rent.

**Days:**  
Everyday.

**Time:**  
9:00am until 6:00pm

To plan your water activity, please contact Eco Center ext. 731.



### PRASLIN & LA DIGUE

Visit Praslin Island and explore its untouched nature and relaxing atmosphere. Stroll around the world-famous "Vallée de Mai" park, an Unesco nature heritage site, with its more than 5.000 Coco de Mer palms in the wild forest. While on La Digue, you will have a chance to see the giant tortoises in Anse Reunion and take a rest or a bath on one of the world's most beautiful beaches, the Anse Source D'Argent.

**Days:**  
Monday only.

**Time:**  
7:30am until 6:00pm.

**Requirements:**  
48 hours prior reservation and minimum attendance of 6 adults.

**Highlight:**  
The "Vallée de Mai" Unesco natural park.

**Price:**  
SCR 4,500 per adult, a 50% discount applies for children between the ages of 5 to 10.

3-course cold lunch, water and soft drinks included.

## NATIVE PLANT TRAIL



### SILHOUETTE NATIVE PLANT TRAIL

Discover the flora and fauna of Silhouette Island.

The trail winds through a mixed natural ecosystem and botanical garden. Its a work-in-progress. Invasive exotic plants like Cinnamon are regularly removed so that native plants can re-colonize the area.

All labelled plant specimens are either indigenous (occurring naturally both in Seychelles and in other parts of the world) or endemic (found only in Seychelles)

Labels indicate their Creole and scientific names. Endemics are indicated by a Seychelles flag.

The forest restoration is expected to benefit native fauna including land birds, reptiles, invertebrates, and the Critically Endangered Seychelles Sheath-tailed Bat. The trail allows visitors to view a wide variety of native plants within the vicinity of La Passe.

**ICS** - Island Conservation Society

**Tel:** +248 432 1026 / +248 271 4488

ICS is a Seychelles Registered NGO running conservation and island restoration programs

**IDC** - Islands Development Company

**Tel:** +248 438 4640

IDC is a parastatal organisation established in 1980 for the management of Silhouette and the outer islands of Seychelles



### WHITE IXORA



### SEYCHELLES KESTREL



### THEIR PALM

**SNPA** - Seychelles National Parks Authority

**Tel:** +248 422 5114

SNPA is a Government Body responsible for managing 7 marine and 3 terrestrial protected areas in Seychelles







[seychelleslabriz.hilton.com](http://seychelleslabriz.hilton.com)

**HILTON SEYCHELLES LABRIZ RESORT & SPA**

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