



# sens

SPA

Let the true sensations of Seychelles sweep across mind and body with our line-up of soothing treatments using only natural locally sourced ingredients.

All of our scrubs, masks and wraps start from a base of cold-pressed virgin coconut oil, produced right here in the Seychelles. We then add a wide range of locally cultivated herbs, spices and extracts for each product: from cinnamon and vanilla to indigenous lemon and eucalyptus.

This allows each treatment to be imparted with a unique signature scent native to our islands, complemented by carefully selected pairings of essential oils.

Whether you wish to rejuvenate after your travels, energize your body for a fun day ahead or recover from a long afternoon in the sun, our spa treatments present the perfect opportunity to allow your senses to be enveloped by the natural elements of the Seychelles.

**Denis**  
PRIVATE ISLAND  
SEYCHELLES



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Exclusive Treatments  
In-Cottage

DENNIS



# Massage

Choose your preferred massage based on the selection below. Each massage treatment is available in a 60 or 90 minutes session. Back, neck & scalp massage available for 30 minutes.

**30 Minutes:** Scr 750

**60 Minutes:** Scr 1450

**90 Minutes:** Scr 1900

## Relaxation

Best for well-being and serenity. The 'Relaxation' calms and balances the nervous system whilst moderating stress and anxiety.

## Energize

This stimulating massage is best to boost the vital energies by re-energising and relieving the nervous system.

## Muscle Relief

A massage to relieve muscle and inflammatory pain. The blend of essential oils works as a powerful analgesic with anti-inflammatory properties, which helps to alleviate pain.

## Detox

This detoxifying treatment stimulates and strengthens the circulatory system, fights cellulite and boosts lymphatic drainage.

## Island Bliss

Great for nourishing the skin with anti-oxidant properties and assists in the prevention of cutaneous signs of aging. Protects the skin from damaging effects of the sea, sun and pollution.

**All massages are available as couple treatments and subject to availability. All prices quoted are inclusive of taxes and service charges.**

# Hair treatments

Each hair treatment starts with a relaxing head massage, and a natural conditioner is applied upon the treatment's completion.

**30 minutes** – Scr 750

## **Diamond Hair Treatment**

Nourishing and fortifying treatment that can be used on all hair types. Leaves hair conditioned with a silky glow.

## **Fibreforce**

Repairing and regenerating treatment best for damaged hair. Hair will feel soft and luscious.





# Hands and feet

## **Traditional Manicure**

A full treatment for the hands, including cleaning, cuticle work, scrub massage and nail polish application

Scr 800

## **Traditional Pedicure**

A full treatment for the feet, including cleaning, cuticle work, scrub massage and nail polish application.

Scr 800

## **Express Manicure / Express Pedicure**

A quick treatment to refresh the nails; filing, buffing and nail polish application

Scr 560



# Scrubs

Gently exfoliates to remove dead skin to regenerate and oxygenate skin. A full body scrub followed by a moisturizing oil application to hydrate.

**60 minutes** – Scr 1450

## Coconut

With hydrating and anti-ageing properties this scrub will leave your skin feeling soft.

## Island Bliss

Rich in anti-oxidants, this scrub protects the skin from damaging effects of the sea, sun and pollution. For best results follow with an Island Bliss Massage.

## Refresh

This scrub boosts the circulatory and lymphatic system. For best results follow with a detox massage.





# Wraps

The body is wrapped in a luxurious green clay and plant extract wrap, during which a relaxing hair massage is done. Treatment is completed with an application of nourishing oil.

**60 minutes** – Scr 1450

## Nourishing

Perfect for dry skin, this wrap is hydrating and moisturizing, leaving the skin feeling renewed.

## Purifying

Ideal for all skin types, this wrap is perfect to absorb excess sebum, leaving the skin feeling purified.



## **HEALTH CONCERNS**

Please advise us of any health conditions, allergies or injuries that could affect your treatments or use of the spa facilities.

## **TIMINGS**

To make the most of your spa experience and support the benefits of your treatment, we recommend that you arrive at least 15 minutes before your scheduled time.

## **MINIMUM AGE**

The minimum age for Spa treatments is 16 years.

## **RESERVATIONS**

Advanced booking is highly recommended to ensure preferred times are available, particularly if you choose to enjoy multiple bookings during your stay.

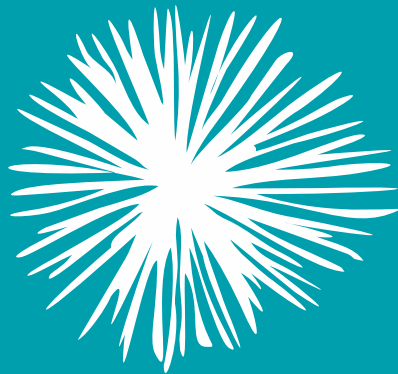
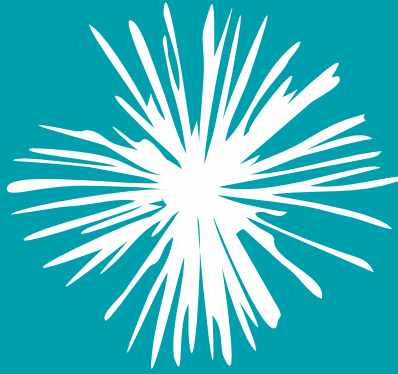
## **LATENESS & CANCELLATION POLICY**

Please be aware that your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We kindly ask our guests to give a minimum of four hour's notice for cancellations. With fewer than four hour's notice you will be charged for 100% of your treatment. If appointments are reserved before arrival at the hotel, the spa cancellation policy follows that of your hotel reservation.

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SHOPPING

# Body & hair oils

## **KOKOS** - Nourish & Protect skin

Organic, unrefined extra virgin coconut oil.  
Intensely hydrating and soothing.

**100 ml** - Scr 290

## **LOMI** - Antioxidant & Anti-ageing

Fresh vanilla infused extra virgin coconut oil with relaxing properties.

**100 ml** - Scr 290

## **RELAX** - Relaxing & Calming

A blend of extra virgin coconut oil and citrus oils to promote calmness and balance.

**100 ml** - Scr 290

## **SILHOUETTE** - Detoxifying & Anti-cellulite

Extra virgin coconut oil mixed with grapefruit and other citrus blends to stimulate & strengthen the circulatory system.

**100 ml** - Scr 290

## **ENERGIZ** - Kick-start your Energy

A fresh and herbal mix to revitalize and balance.

**100 ml** - Scr 290

## **HAPPY MUSCLE** - Muscle Relaxant & Anti-inflammatory

Analgesic properties mixed with eucalyptus to support the muscles and alleviate pain.

**100 ml** - Scr 290



# Body & hair oils

**AFTER SUN** - Healing & Soothing

100 ml - Scr 290

**MOSQUISTOP**

100 ml - Scr 290

## Hair mask treatment

**FIBRE FORCE**

Repair & Regenerate

Ylang-ylang infused coconut oil and organic natural keratin. Ideally suited for dry & damaged hair.

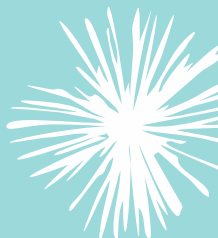
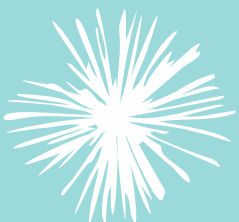
150 ml - Scr 325

**DIAMOND**

Nourish & Fortify

Virgin coconut oil, passion fruit & silk proteins to intensively nourish any hair type.

150 ml - Scr 325



# Body & facial scrubs

## FACIAL SCRUBS

Virgin coconut oil and dried powder coconut to smooth & brighten any complexion.

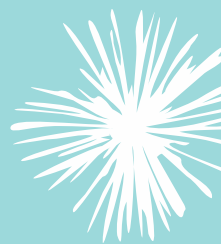


**KOKOS** - Hydrating & Anti-aging **150 ml** Scr 320

**LOMI** - Antioxidant & Protects Skin **150 ml** Scr 320

## BODY SCRUBS

Virgin coconut oil and dried, shredded coconut to remove dead skin cells leaving skin soft.



**KOKOS** - Hydrating & Anti-aging **250 ml** Scr 350

**LOMI** - Antioxidant & Protects Skin **250 ml** Scr 350

**ICEBERG** - Cleansing & Refreshing **250 ml** Scr 350

## THE FACIAL MASK

A quintessential 3-pack kit comprising of green clay, plant extract and virgin coconut oil

**DRY SKIN** **250 ml** Scr 365

**OILY SKIN** **250 ml** Scr 365

**AFTER SUN** **250 ml** Scr 365

