

# Sanctuary for the Senses

Banyan Tree Spa takes a holistic approach to physical and spiritual well-being, providing a Sanctuary for the Senses. Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of our intimate spa pavilions and suites draws upon local inspiration to blend seamlessly with the beauty of the natural environment. Our massage treatments are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened, completing the experience that defines Banyan Tree Spa.

Sense of Tranquility: Calm your mind and draw in the tranquility of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Complete the Banyan Tree Spa experience with some post-treatment time to leave the cares of the world behind over a herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.

#### PLEASE TAKE A MOMENT TO READ THIS

**Etiquette**: To ensure that guests can enjoy the peaceful sanctuary of Banyan Tree Spa, we respectfully request that all visitors keep noise to a minimum. Cellular phones and electronic devices are discouraged.

**Gift Certificates**: Gift Certificates for our spa treatments are available. For more details, please contact our spa receptionist.

**Reservations**: Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking.

**Check In**: Please check in at the spa reception at least 15 minutes prior to your scheduled appointment to avoid reduced treatment time.

**Calm Time:** Guests will be accorded one complimentary 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair and waxing treatments.

**Spa Treatment Hours**: The spa opens from 9am to 10pm and the last treatment ends at 10pm. Selected in-villa spa treatments are available from 9am at published rates with a 10% surcharge per person. Last in-villa treatment ends at 10pm.

**Special Consideration**: Guests who have high blood pressure, heart conditions, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions.

Smoking and Alcohol: Smoking and consumption of alcohol within the spa are prohibited.

**Valuables**: A box for valuables is provided in the spa pavilions and suites, but we recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

**Cancellation Policy**: A 24-hour cancellation notice is required to help us reschedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. Full charges will be imposed for a "no-show".

**Refund Policy**: Treatment packages and spa memberships are non-refundable, non-transferable and non-exchangeable.

**Payment**: We accept cash and all major credit cards. All prices are quoted in Seychelles Rupee (SCR) and are inclusive of service charge and government tax. Prices are subject to change without prior notice.

**Disclaimer:** The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

# THE BANYAN INDULGENCES

Banyan Tree Spa presents the ultimate spa experience with The Banyan Indulgences featuring holistic signature treatments for complete physical, mental and spiritual renewal.

**Royal Banyan** 150-minute treatment & 30-minute refreshments and relaxation SCR4,125nett

This signature therapy features the Royal Banyan Herbal Pouch Massage where a herbal pouch dipped in warm Sesame Oil complements the East-meets-West massage techniques to improve blood circulation and muscular tension. This treatment is complemented by the Warm Ginger Exfoliator, which deeply cleanses while moisturising the skin, leaving behind glowing skin from top to toe.

#### 150-minute treatment includes:

Warm Ginger Exfoliator • Royal Banyan Herbal Pouch Massage • Ginger Oatmeal Bath

**Harmony Banyan** 150-minute treatment & 30-minute refreshments and relaxation SCR5,250nett

The highlight of this treatment is a massage conducted by two therapists who complement each other in physique, working in unison on each side of the body to bring about a harmonious sense of well-being. This indulgent experience will leave you radiant and in a state of deep relaxation.

### 150-minute treatment includes:

Apple Green Tea Refresher • Harmony Massage • Head & Foot Massage • Apple Green Tea Bath

# **INSPIRED BY AYURVEDA**

In line with its holistic approach to wellness, based on time-honoured Asian healing traditions, Banyan Tree Spa combines Ayurvedic therapies with its range of signature spa treatments to introduce a selection of Banyan Tree Spa Ayurvedic Signatures.

Let the Banyan Tree Spa Ayurvedic Signatures restore your natural balance of energies, leaving you in a renewed sense of bliss.

**Peace of Mind** 120-minute treatment & 30-minute refreshments and relaxation SCR3,450nett

Take the weight off your mind with this treatment which begins with an Ayurvedic Massage to ease tension. The dry Herbal Powder Exfoliator follows to remove oil from the body, while exfoliating dead skin cells to unveil smooth and silky skin. Revel in Banyan Tree Spa's signature Rainmist experience, a refreshing treat for the senses, while the Avocado Body Splash effectively nourishes the skin. The Shirodhara treatment works to relieve anxiety, revitalise your mind and dispel insomnia as a soothing stream of warm oil flows onto your forehead to bring about a sense of calm, while you enjoy the Steam Bath.

#### 120-minute treatment includes:

Ayurvedic Massage • Herbal Powder Exfoliator • Steam Bath • Rain Shower • Avocado Body Splash • Shirodhara with Steam Bath • Rain Shower with Hair Wash

**Perfect Energiser** 120-minute treatment & 30-minute refreshments and relaxation SCR3,450nett

Focused on releasing tension from the lower back, Podi Kishi or warm herbal pouch treatment is the highlight of this signature treatment. The tired body is energised and blood circulation improved with the Ayurvedic Massage. The Marma Face Massage focuses upon the Marma points or energy centres on the face to rebalance the internal body system, relieving the body of stress. As your body drifts into a state of relaxation, the dead skin cells are cleansed from the body with the Lepanam, where a traditional recipe is prepared to moisturise the skin.

#### 120-minute treatment includes:

Podi Kishi • Ayurvedic Massage • Marma Face Massage • Lepanam • Steam Bath

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**Restful Balance** 120-minute treatment & 30-minute refreshments and relaxation SCR3,450nett Soothe the tension from your head and calm your mind with a combination of massages and the soothing Shirodhara treatment, where warm oil is poured on your forehead. The treatments improve blood circulation to your head, neck and shoulders, while bringing relief to eye strains and tension headache. The special oil used for these treatments has a calming effect on the body. Your skin is cleansed and smoothed with the Lepanam, where a traditional recipe is prepared and applied to the skin before the cleansing Steam Bath.

#### 120-minute treatment includes:

Chakra Head Massage • Ayurvedic Massage • Shirodhara • Lepanam • Steam Bath

# TIME-HONOURED TRADITIONS

Inspired by ancient healing traditions passed down from generation to generation, Time-Honoured Traditions features a selection of classic therapies specially tailored for the ladies and the gentlemen.

# **Indonesian Traditions**

### For Her

Javanese Lulur

150-minute treatment & 30-minute refreshments and relaxation

Single SCR3,675nett Couple SCR6,900nett

Often described as the 'queen' of body treatments, the Javanese Lulur has been practised in the palaces of Central Java since the 17th century and is used by Javanese brides as a purifying ritual before marriage. The imperial top to toe treatment will leave you radiant and glowing.

### 150-minute treatment includes:

Serenity Massage • Lulur Purifier • Yoghurt Body Splash • Avocado Nourisher • Floral Bath

### For Him

**Balinese Boreh**150-minute treatment & 30-minute refreshments and relaxation
Single SCR3,675nett
Couple SCR6,900nett
Aching muscles are soothed and the skin restored to its natural balance and radiance with healing
Indonesian treatments. The Balinese Massage is a deep tissue massage which stimulates blood circulation, improves energy flow and relieves tension.

### 150-minute treatment includes:

Balinese Massage • Face & Head Massage • Boreh Restorer • Carrot Purifier • Milk Bath

# TIME-HONOURED TRADITIONS

Inspired by ancient healing traditions passed down from generation to generation, Time-Honoured Traditions features a selection of classic therapies specially tailored for the ladies and the gentlemen.

### **Thai Traditions**

# For Her

Oriental Romance 150-minute treatment & 30-minute refreshments and relaxation Single SCR3,675nett Couple SCR6,900nett Indulge in your choice of top to toe treats, beginning with a body scrub to cleanse and prepare the body for the Thai Classic Massage that follows. A choice of soothing facial treatments completes the experience, leaving you glowing from top to toe.

#### 150-minute treatment includes:

Lemongrass Cucumber Cleanser • Thai Classic Massage • Choice of Facials

### For Him

**Thai Essence**150-minute treatment & 30-minute refreshments and relaxation
Your skin is cleansed and hydrated with the Coconut Purifier, before the Hot Stones Massage works to discharge toxins from your body. Heated river stones are massaged over your body with Clarity Oil, exerting warmth and pressure on energy points.

### 150-minute treatment includes:

Coconut Purifier • Hot Stones Massage • Face Massage

# TROPICAL RAINMIST

A signature Banyan Tree Spa innovation, the Rainmist experience is an indulging combination of Rain Shower and Steam Bath to prepare the body for an invigorating body scrub. A cascading Rain Shower uplifts your senses and is an ideal prelude to the body treatment that follows. Enjoy the pampering as you unwind and relax on the comfort of your treatment bed.

#### For Her

Refreshing Sprinkle

150-minute treatment & 30-minute refreshments and relaxation

Single SCR 3,975nett Couple SCR 7,200nett

Luxuriate in an invigorating body scrub to exfoliate dead skin cells, leaving your skin soft and silky smooth. Unwind as the sensory pleasure of the trickling Rain Shower embraces you with indulgent comfort. This session brings you perfect tranquility as tension is massaged away by the therapeutic touch of your therapist.

#### 150-minute treatment includes:

Choice of Body Massages • Bath Soak • Steam Bath • Rain Shower • Cleansing Mitt Exfoliator • Avocado Nourisher • Face Mask • Steam Bath • Soya Milk Body Splash • Rain Shower with Hair Wash • Rain Shower

### For Him

Balinese Rhapsody

150-minute treatment & 30-minute refreshments and relaxation

Single SCR3,975nett

Couple SCR7,200nett

Indulge in this divine treat for the senses, begin by having your senses tickled by the Rainmist, followed by the nourishing Red Rice Soother to moisturise your skin. After the hydrating treat, the Balinese Massage follows to relieve tension and improve blood circulation. A Choice of Facials completes the revitalising experience, leaving your skin glowing with refreshed vitality.

#### 150-minute treatment includes:

Rainmist • Red Rice Soother • Steam Bath • Balinese Massage • Choice of Facials

# **CLASSIC REJUVENATION**

For a complete rejuvenating experience, Banyan Tree Spa presents a selection of popular therapies combined to pamper you from top to toe.

### For Her

**Perfect Balance** 90-minute treatment & 30-minute refreshments and relaxation

Single SCR 2,625nett Couple SCR 4,800nett

Enliven your skin with the Coco De Mer Refresher, which effectively cleanses and nourishes the skin. The Swedish Massage effectively stimulates blood circulation and soothes tense muscles to reduce stress.

#### 90-minute treatment includes:

Coco De Mer Refresher • Swedish Massage

**Pure Bliss** 90-minute treatment & 30-minute refreshments and relaxation

Single SCR 2,625nett Couple SCR 4,800nett

Restore the radiance to dry skin with the sweet-smelling Honey Coconut Brightener that smoothens and softens the skin. Let your entire body feel totally relaxed and refreshed with the Lomi Lomi Massage which relieves muscle tension.

### 90-minute treatment includes:

Honey Coconut Brightener • Lomi Lomi Massage

**Sweet Serenade** 90-minute treatment & 30-minute refreshments and relaxation

Single SCR 2,625nett Couple SCR 4,800nett

Discover the natural goodness of the Creole Fruit Refresher which softens the skin as it cleanses and tightens pores. The Balancing Massage will ensure that you feel refreshed and energised, in tip top condition to enjoy your holiday.

### 90-minute treatment includes:

Creole Fruit Refresher · Balancing Massage

# **CLASSIC REJUVENATION**

For a complete rejuvenating experience, Banyan Tree Spa presents a selection of popular therapies combined to pamper you from top to toe.

### For Him

**Absolute Lift** 90-minute treatment & 30-minute refreshments and relaxation Single SCR 2,625nett Couple SCR 4,800nett

Feel completely rejuvenated and energised with the Mahe Sand Purifier which cleanses the skin, while the Sports Massage improves and tones muscles for better mobility and flexibility, easing muscle aches and pain.

#### 90-minute treatment includes:

Mahe Sand Purifier • Sports Massage

**Renewed Vigour** 90-minute treatment & 30-minute refreshments and relaxation Single SCR 2,625nett Couple SCR 4,800nett

A soothing treatment, the Traditional Thai Refresher exfoliates dead skin, leaving the skin moisturised and soft. The Thai Classic Massage blends subtle stretching with rhythmic massage and compressions to balance the body's vital points. It stimulates energy flow, promoting deep relaxation and improving flexibility.

#### 90-minute treatment includes:

Traditional Thai Refresher • Thai Classic Massage

**Restored Vitality** 90-minute treatment & 30-minute refreshments and relaxation Single SCR 2,625nett Couple SCR 4,800nett

Experience a renewed sense of well-being with the Turmeric Honey Cleanser, which cleanses and nourishes the skin. The Balinese Massage is an intense, medium to strong, deep tissue massage, which stimulates blood circulation, improves energy flow and relieves tension.

### 90-minute treatment includes:

Turmeric Honey Cleanser • Balinese Massage

# **CLASSIC REJUVENATION**

For a complete rejuvenating experience, Banyan Tree Spa presents a selection of popular therapies combined to pamper you from top to toe.

# For Her & Him

Sunset Soother

150-minute treatment & 30-minute refreshments and relaxation

Single SCR 3,675nett Couple SCR 6,900nett

A perfect ending after a day under the sun, these body treats are designed specially to soothe sensitive skin. The Island Dew Massage uses long palm strokes and thumb pressure along with Soothing Oil, which has skin-renewal and repairing properties to relieve tired muscles. The cooling Aloe Lavender Healer is applied on the body to hydrate the skin. Finally, complete the calming experience with a Sheer Comfort Facial, leaving you fully refreshed.

### 150-minute treatment includes:

Island Dew Massage • Aloe Lavender Healer • Sheer Comfort Facial

# **BANYAN TREE FOR THE FAMILY**

Banyan Tree Spa presents the ideal family retreat with quality bonding time for you and the little ones. Our thoughtfully-designed treatments, packed with nourishing benefits cater to both the adult and child alike. Ideal for children aged 7 – 14.

# Pamper My Family

90-minute treatment & 30-minute refreshments and relaxation

Single SCR 2,625nett Couple SCR 4,800nett

Choose from a selection of delectable body scrubs which harnesses the benefits of well-liked natural ingredients. The pampering scrub is followed by a body massage that seeks to induce top to toe relaxation for complete rejuvenation for both parent and child.

#### 90-minute treatment includes:

For the Parent: Choice of Classic Rejuvenation Body Scrubs • Choice of 60-minute Body Massages For the Child: Choice of Kids' Body Scrubs • Choice of Island Dew Massage or Balancing Massage

**Pamper Mini Me** 90-minute treatment & 30-minute refreshments and relaxation SCR 2,125 nett It is never too early to start the little ones on their journey to wellness. Using fresh ingredients well-loved by children, each body scrub is tailored to perk up their senses and at the same time, nourish their tender skin. This is followed by a Mini Manicure and Mini Pedicure featuring ingredients such as carrot, cucumber and oranges, a beauty treat that is sure to draw delightful smiles from the little ones.

### 90-minute treatment includes:

Choice of Kids' Body Scrubs • Mini Manicure • Mini Pedicure

# Choice of Kids' Body Scrubs

### Banana Coco Cleanser

This sweet-smelling combination will cheer every child up while the fresh banana, cocoa, cassava and honey work to nourish the skin, keeping it supple and moisturised.

### Honey Corn Brightener

A favourite among the children, corn is blended with honey to create a creamy and yellowish scrub that will brighten up their day and their tender skin.

### Orange Milk Refresher

The zesty body scrub consists of orange, fresh milk, honey and oatmeal to energise the senses and soothe the skin, leaving the young ones fully recharged.

# **BANYAN DAY**

For a full day of pampering and care-free indulgence, Banyan Day features signature therapies for a total top to toe renewal. Besides luxurious spa treatments, a sumptuous yet healthy spa cuisine lunch complements the wellness experience.

30 minutes

330-minute treatment & 90-minute lunch

**Banyan Day** & 30-minute refreshments and relaxation

SCR 6,750nett

### Morning

Steam Bath 15 minutes Choice of Body Scrubs 30 minutes

- Coco De Mer Refresher
- Creole Fruit Refresher
- Honey Coconut Brightener
- Mahe Sand Purifier
- Romance Salt Purifier
- Traditional Thai Refresher
- Turmeric Honey Cleanser

### Choice of Body Conditioners

- Aloe Lavender Healer
- Avocado Nourisher
- Creamy Honey Enhancer
- Creole Fruit Mask
- Turmeric Honey Enhancer

Choice of Body Massages 90 minutes Floral Bath 15 minutes

# Lunch

Spa Cuisine

# Afternoon

Choice of Facials 60 minutes
Choice of Banyan Hand Basics or 90 minutes

**Banyan Foot Basics** 

# **MASSAGES**

Banyan Tree Spa features an indulgent array of massages, each designed to soothe the body and release muscle tension through the healing touch of our professionally trained therapists. Emerge from each massage completely relaxed and rejuvenated.

**Asian Blend** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett A medium to strong 60- or 90-minute massage that is adapted from traditional Thai massage techniques. No oil is used and a two-piece outfit is worn. Palms and thumbs are applied to pressure points to relieve tired muscles and improve blood circulation.

**Balancing** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett Balance your body, mind and soul with this soothing 60- or 90-minute massage that uses palm strokes with circular thumb movements to work on tired muscles, promoting a sense of deep relaxation and improving the body's mobility. The Soothing Oil, a harmonious blend of rose, plai, chamomile and Vitamin E, is used for its skin renewal and repair properties.

**Balinese** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett A medium to strong 60- or 90-minute deep tissue massage where the therapist uses thumb and palm pressure and firm strokes to stimulate blood circulation, improve energy flow and relieve tension. The massage is complemented with Spirit Oil, a blend of ylang ylang, plai and black pepper, for its warming and circulation benefits.

**Hot Stones** 90-minute treatment & 30-minute refreshments and relaxation

SCR

A 90-minute massage where heated stones are soothingly massaged over your body, along with the use of warm Clarity Oil, a blend of sesame, jojoba and Vitamin E, to exert warmth and pressure on energy points. It is beneficial for smoother flow of "qi" and discharge of toxins from your system.

**Island Dew** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett A gentle 60- or 90-minute massage specifically devised for sensitive skin, where long palm strokes and thumb pressure are applied to relieve tired muscles. The Soothing Oil, a harmonious blend of rose, plai, chamomile and Vitamin E, is used for its skin renewal and repair properties. For best results, leave the oil on the skin after the massage.

# **MASSAGES**

Banyan Tree Spa features an indulgent array of massages, each designed to soothe the body and release muscle tension through the healing touch of our professionally trained therapists. Emerge from each massage completely relaxed and rejuvenated.

Lomi Lomi 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett

Originating from Hawaii, this is a deeply revitalising massage. Our therapist uses full body techniques, applied with rhythmic grace using thumbs, palms and elbows. The 60- or 90-minute massage using Love Oil, a blend of ylang ylang, geranium, lavender and black pepper, eases and loosens muscles, leaving the entire body feeling totally relaxed and refreshed.

**Sports** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett A medium to strong pressure 60- or 90-minute massage that uses intense strokes to improve and tone muscles for better mobility and flexibility. The Sports massage is complemented with Spirit Oil, using blends of ylang ylang, plai and black pepper, to inspire creativity. The scent of the essential oil is reminiscent of the fresh breeze of spring.

**Swedish** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett A distinctly European, full body massage that stimulates blood circulation and soothes tense muscles. Medium in pressure, this 60- or 90-minute massage uses a combination of three basic strokes, comprising long firm strokes, kneading strokes and small circular strokes, to relieve stress. It uses Peace Oil - a blend of lavender, geranium & black pepper, to enhance inner spirituality.

Tender Touch 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475net

When a gentle touch is called for, this 60- or 90-minute massage is the ideal choice for the care and attention it provides, without compromising effectiveness and soothing results. Palm strokes are applied in tandem with a rice pouch dipped in warm Clarity Oil, a blend of sesame, jojoba and Vitamin E, which has moisturising and softening properties to nurture the skin. Suitable for matured guests and expectant mothers.

# **MASSAGES**

Banyan Tree Spa features an indulgent array of massages, each designed to soothe the body and release muscle tension through the healing touch of our professionally trained therapists. Emerge from each massage completely relaxed and rejuvenated.

**Thai Classic** 60-minute/90-minute treatment & 30-minute refreshments and relaxation SCR1,875nett/2,475nett This classic 60- or 90-minute massage blends subtle stretching with rhythmic massaging and compressions to stimulate energy flow. The therapist uses traditional Thai techniques and Inner Balance Oil, a blend of bergamot, almond and Vitamin E, applying deep palm strokes on the back with delicate stretching - the perfect combination to promote deep relaxation while improving flexibility.

Relaxing Foot Massage 60-minute treatment & 30-minute refreshments and relaxation

SCR1,875nett

This healing 60-minute foot therapy is highly recommended for those with tired legs and feet. The massage aids in alleviating stress and boosting body circulation. Ailments in the form of fatigue, low-energy levels, aches and pains can be relieved with this pressure point foot massage.

# **FACIALS**

Indulge in our revitalising facial treatments that leave your skin glowing with refreshed vitality. Each facial includes a Head, Neck & Shoulders Massage to surround you in a state of total bliss.

**Premium Age Defence^** 90-minute treatment & 30-minute refreshments and relaxation SCR2,875nett

For All Skin Types

A lifting and firming facial designed to combat the visible signs of ageing. After an anti-ageing eye massage and firming face massage, be treated with a mineral eye mask to ease out fine lines and soothe tired, puffy eyes. Relax as an extremely restorative cream mask enriched with skin plumping properties and active serums nourishes your face, revealing a visibly fresher-looking complexion. This luscious facial concludes with a radiance ice cube complex for instant brightness.

^ Not applicable for packages; a la carte treatment only

**Banyan Brilliance^** 90-minute treatment & 30-minute refreshments and relaxation SCR2,875nett

For All Skin Types

An ultra-firming facial that plumps and rehydrates the skin. Aromatic complexes and active serums boost cellular renewal while a refreshing mineral mask deeply nourishes, leaving the skin firm, smooth and brilliant. This skin replenishment facial is perfect for those seeking a sophisticated treatment that delivers a blissful relief to lustre-lack skin. This facial concludes with a radiance ice cube complex for a lovely glow.

^ Not applicable for packages; a la carte treatment only

**Hydro Treat** 60-minute treatment & 30-minute refreshments and relaxation SCR 2,250nett

For Normal/ Combination Skin

Pamper dull devitalised skin with the moisture it craves with this intensive hydrating facial. A moisturising face massage and mineral-infused velvet cream mask soothes and nourishes, delivering a surge of rich comforting moisture, leaving the skin dewy and supple.

# **FACIALS**

Indulge in our revitalising facial treatments that leave your skin glowing with refreshed vitality. Each facial includes a Head, Neck & Shoulders Massage to surround you in a state of total bliss.

**Perfectly Purified** 60-minute treatment & 30-minute refreshments and relaxation SCR 2,250nett

For Oily Skin

Ideal for combination, oily or congested skin, this deep-cleansing treatment features traditional steam and a balancing face massage for a revitalising experience. A relaxing eye mask and a detoxifying face mask follow to hydrate, purify and rebalance the skin. The result is a clear and shine-free complexion.

**Sheer Comfort** 60-minute treatment & 30-minute refreshments and relaxation SCR 2,250nett

For Sensitive Skin

A calming treat for dry or sensitive skin, this facial provides gentle comfort and calms irritations. After a relaxing face massage, a soothing cream mask enriched with anti-oxidising properties smoothes and moisturises the skin, while helping to reduce the appearance of redness.

# **BEAUTY TREATMENTS**

### HAND & FOOT TREATMENTS

Treat your hands and feet to a session of pampering treatments to cleanse, massage and moisturise, leaving them in tip top condition.

**Banyan Hand Basics** 

90-minute treatment

SCR1,125nett

Keep your hands and nails in tip top condition as nails are cleaned, trimmed and shaped according to your preference, while the hands are scrubbed and conditioned. A relaxing Hand Massage completes the treatment before an application of nail polish or nail buff.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Massage • Nail Painting or Buffing

**Banyan Hand Deluxe** 

120-minute treatment

SCR 1,487.5nett

An intensive hand care treatment where a nourishing Hand Scrub renews the skin before nails are trimmed and shaped. The paraffin mask is used to restore suppleness and prevent premature ageing. During the Paraffin Treatment, a Head & Shoulders Massage is performed to heighten this royal experience. Nail Painting or Buffing perfects the picture.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Massage • Paraffin Treatment • Head & Shoulders Massage • Nail Painting or Buffing

**Banyan Foot Basics** 

90-minute treatment

SCR1,125nett

Give your feet the attention that they deserve with this essential foot care routine. The feet are first given a Foot Bath to cleanse, deodorise and soften the skin. The nourishing Foot Scrub helps to slough off dead skin. Then, nails are trimmed and shaped to your preference. This foot ritual continues with a relaxing Foot Massage and ends with a neat application of nail polish or buff.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Massage • Nail Painting or Buffing

**Banyan Foot Deluxe** 

120-minute treatment

SCR 1,487.5nett

The treatment begins with a routine of cleansing and conditioning, followed by an invigorating massage. A moisturising paraffin foot mask wraps up this indulgent pedi-spa experience, while your therapist administers a Head & Shoulders Massage. Walk away with polished feet thanks to the application of Nail Painting or Buffing.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Massage • Paraffin Treatment • Head & Shoulders Massage • Nail Painting or Buffing

# HAIR SPA

### **BANYAN HAIR INDULGENCES**

(90-minute treatment)

Short Hair SCR 600nett \*Long Hair SCR 750nett
\*Hair longer than shoulder length is considered long hair

Signature massage techniques combine with carefully chosen hair products to calm your senses and restore the lustrous glow to your tresses.

# **Crowning Glory**

Perfect for insomniacs, the Mongkut Head Massage uses Coconut Oil to improve insomnia while strengthening hair roots and promoting shiny tresses.

Mongkut Head Massage • Shampoo & Conditioning • Blow Dry

# **Delightful Calm**

Stress could leave you feeling lethargic and tensed. The Warming Head Massage is the perfect remedy to combat the tension and stimulate energy flow, leaving you feeling calm and light-headed.

Warming Head Massage • Shampoo & Conditioning • Blow Dry

# **Silky Sheen**

Warm Sesame Oil is used in this Indian Head Massage to alleviate stress and calm your senses, leaving you feeling deeply relaxed.

Indian Head Massage • Shampoo & Conditioning • Blow Dry

# **HAIR SPA**

### **BANYAN HAIR CARE**

(90-minute treatment)

Short Hair SCR 825nett \*Long Hair SCR 975nett
\*Hair longer than shoulder length is considered long hair

Select from a range of tailored hair care treatments and experience the healing touch of the hair products developed by Banyan Tree Gallery to suit different hair types.

# **Hair Rejuvenation**

For Dry/Damaged Hair

Let the rejuvenating benefits of this hair care experience repair and soothe damaged hair, bringing back a healthy shine and effectively repairing split hair.

Shampoo • Hair Mask • Hair Toner • Hair Mist • Blow Dry

### **Hair Relaxant**

For All Hair Types

Restore the shine to your tresses as your hair is strengthened and as you show off your shiny and healthy crown.

Shampoo • Hair Mask • Hair Toner • Leave-on Conditioner • Blow Dry

# **Hair Shine**

For Oily Hair

Along with the hair care products, a warm herbal pouch is used to stimulate blood circulation to your scalp. Excess hair sebum is controlled and tresses are kept moisturised.

Shampoo · Herbal Compress · Hair Toner · Blow Dry

# **HAIR SPA**

### **BANYAN HAIR BASICS**

Hair Cut with Shampoo and Blow Dry

Ladies' Hair CutSCR 825nettMen's Hair CutSCR 675nettChildren's Hair CutSCR 375nett

Hair Wash & Blow Dry Short Hair SCR 437.5nett

Medium Hair SCR 500nett

\*Long Hair SCR 562.5nett

\*Hair longer than shoulder length is considered long hair

# **DEPILATORY WAXING**

Experience fast and effective waxing in the comfort of the Spa.

**Eyebrows** SCR 450nett **Upper Lip** SCR 450nett **Underarms** SCR 600nett **Full Arms & Underarms** SCR 1,050nett Bikini Line SCR 600nett **Brazilian** SCR 900nett **Half Legs** SCR 900nett **Full Legs** SCR 1,125nett