

#### Experiences









DON'T MISS FAMILY WATER LAND CULTURE



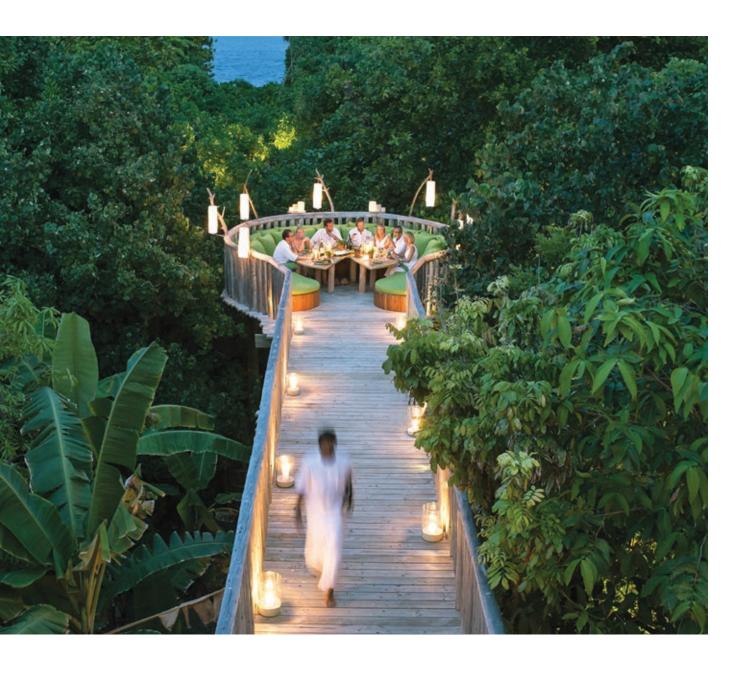
#### **WELCOME**

Guardians of places that have existed long before us, our unique vision is inspired by nature's magnitude, mystery and enchanting beauty.

Founded on shared passions and masters of innovation, we are a thriving community working hand in hand with the environment to craft beautiful, beyond bespoke experiences where discovery is a way of life.

With our expert hosts as your personal guide, we invite you to explore and delight in the possibility of each moment as time melts away and lose yourself in experiences that will stay with you for a lifetime.

Sonu and Eva



### Inspiring a lifetime of rare experiences

At Soneva, our creativity is driven by our guiding principle of 'Intelligent Luxury', which is about understanding what true luxury is for our guests; many of which spend most of their time in urban environments. It is about understanding the daily lives of our guests and offering them experiences that are both 'new' - in that they are rare, unusual and exceptional, but at the same time 'true' in that they are highly desired and cherished.

With our team, we continue to question and challenge what is rare, and hence a real luxury. We have curated the following rare and authentic experiences to help create precious, life-enriching stories and memories.







Hidden among dense foliage within the Baa Atoll UNESCO Biosphere Reserve, Soneva Fushi inspires the imagination with a collection of spacious beachfront villas. Everything about this magical place feels otherworldly, from the crystal clear turquoise water and dolphins at sunset, to the delicious cuisine available at the resort's multiple dining venues.

Nature is nurtured at the resort and each signature experience brings you one step closer to discovering its unadulterated beauty.



# DON'T MISS



### Astronomical Dinner Cruise

This incredible experience begins at late sunset, featuring a four-course meal with wine pairings. Our resident astronomer will guide you through the wonders that stare back at you across the night sky, sharing secrets of the cosmos.



## Gourmet Gastronomy and Oenology Experience

Make your way to our extensive wine cellar for a tutored tasting session with one of our sommeliers. Broaden your knowledge of grapes and wines and select your favourite to enjoy with dinner. Later, indulge in a meal crafted by our Executive Chef at either Dolphin Beach or Turtle Beach, our most secluded spots on the island.

Duration: 4- 5 hours





## Robinson Crusoe Castaway Picnic

Let us whisk you away to one of our lush, uninhabited islands for a true castaway experience. Hop aboard our boat and sail to the island with your picnic basket and snorkel gear where you will be left to enjoy your day in the sun.



#### Finolhu Private Sunrise Breakfast

There's nothing more magical than waking up to a glorious sunrise. Let our boat sail you over to a private sandbank where a continental breakfast will await your arrival. Cherish the moment when the sun emerges at the horizon and bathes the shore with warmth and light.

Duration: 3 hours





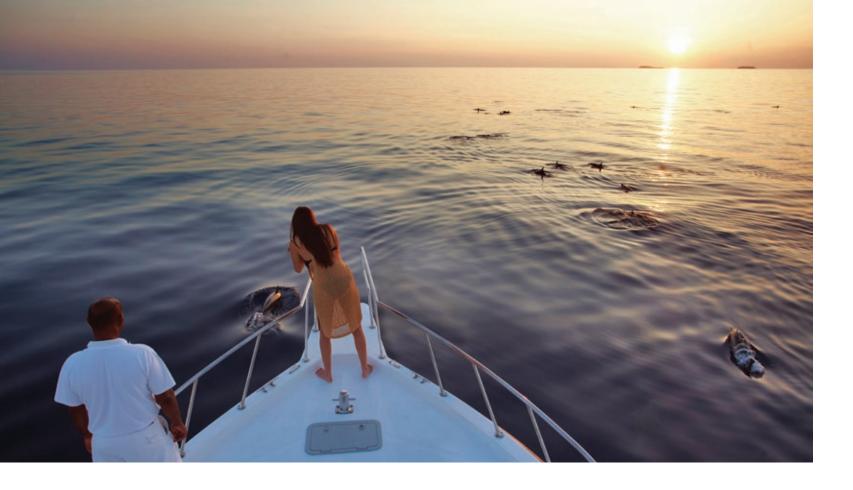




## Private Sandbank Overnight Experience

Spend a romantic night camping under the sapphire Maldivian skies on your own private sandbank in a luxurious Bedouin-style tent, which even comes with its own WC!. Make your way to a candlelit dinner, set up by personal attendants before they depart to allow you to experience the unspoiled island. Breakfast will be delivered at a pre-arranged time of your choice.

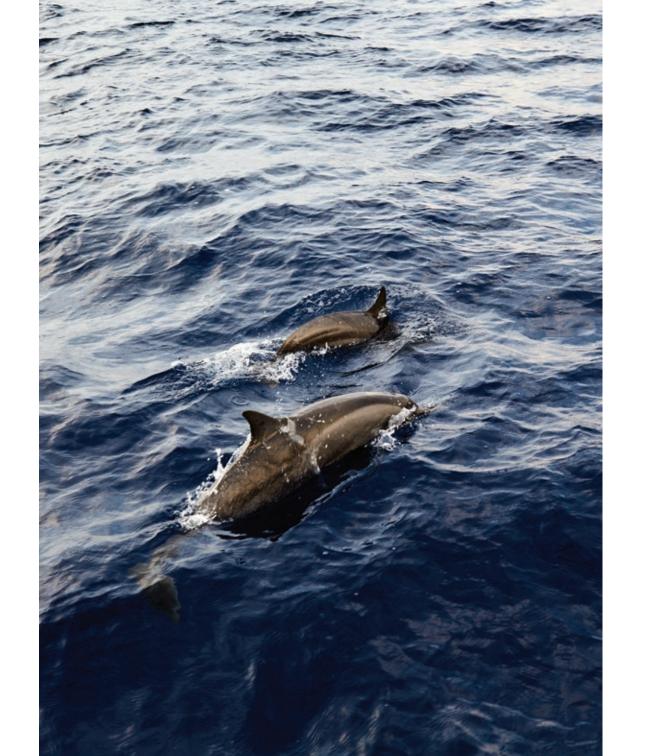
Duration: 12 hours



# Sunset Dolphin Safari

Get ready for one of the most fascinating experiences of your holiday; watching dozens of playful dolphins in the light of the setting sun. While you cruise deeper into the waters, you will be served a selection of canapés and flute of Champagne.

Duration: 1 hour







#### Guided Snorkelling with our Marine Biologist

Accompany our resident marine biologist on a guided snorkelling trip to one of the spectacular reefs found in the Baa Atoll. They will guide you through the reefs and introduce you to the various species of marine life. You may also be lucky enough to encounter beautiful sea turtles and manta rays, which are common in this area of the Maldives.

House reef snorkelling and night snorkelling are also available. Peer through the night waters at moray eels, lionfish, octopus, lobsters, sleeping parrotfish and bioluminescent plankton.

Duration: 2 hours





Enjoy the truly rare experience of learning how to blow glass in Soneva Fushi's own glass art studio. Our experienced team of glass specialists work very closely with our guests to create their very own masterpiece to take home.

All works created at the Soneva Glass Studio are made using recycled glass bottles from Soneva Fushi and other nearby resorts.

A personalized tour of the Soneva Art Gallery and the Soneva Glass Boutique is available upon request.

Duration: 3 hours











#### Tour of our Private Residences

Owners of our Private Residences can enjoy the comforts of home and the luxuries of a resort. Explore the Private Residences with our team, each with a unique design and layout, and discuss about how you can customise every detail and the options on offer.

Duration: Dependent on guest request and villa availability



# **FAMILY**





Pick your favourite unspoiled island and allow us to arrange for our resident marine biologist to escort you on a guided snorkelling experience through one of the best reefs in Baa Atoll. Following the marvellous expedition, make your way back to dry land for a gourmet picnic, complete with a personal chef and waiter on hand.

Duration: 4 – 5 hours









## Private Cinema Experience

Kick your feet up and lie back on the cushioned lounger with your family as you catch your favourite classics at Cinema Paradiso, our al fresco movie theatre. The waves lapping the shore, the gentle rustle of the trees and the glimmering night sky will only add to the experience. An additional option of a barbecue dinner served during the movie is available at an extra charge.

Duration: depending on the movie







The Den is a playground for the imagination. Children can explore a pirate ship, two swimming pools, a Lego room, a dress-up area, a cinema, a library, a learning area, and a music room with instruments.

Open from: 10am to 5pm daily





# WATER







#### Sobah's Dinner & Cruise

Named after Chef Sobah, the 'Best Chef in the Maldives' award winner, Sobah's is a traditional Maldivian restaurant located on an uninhabited island only 15 minutes away by speedboat from Soneva Fushi. Chef Sobah has been with Soneva for many years, and after consistently winning local and international culinary awards, year after year, we gave him his own restaurant, which opens twice per week.

The cuisine is uniquely Maldivian using recipes that have been passed down from generation to generation, and the food is prepared using traditional cooking methods. The ingredients are sourced from what Sobah buys fresh from the fishermen each morning or what he scavenges from the island of Mendhoo itself. After dinner, learn about the starry night sky from our resident astronomer, while enjoying some of our finest digestives.

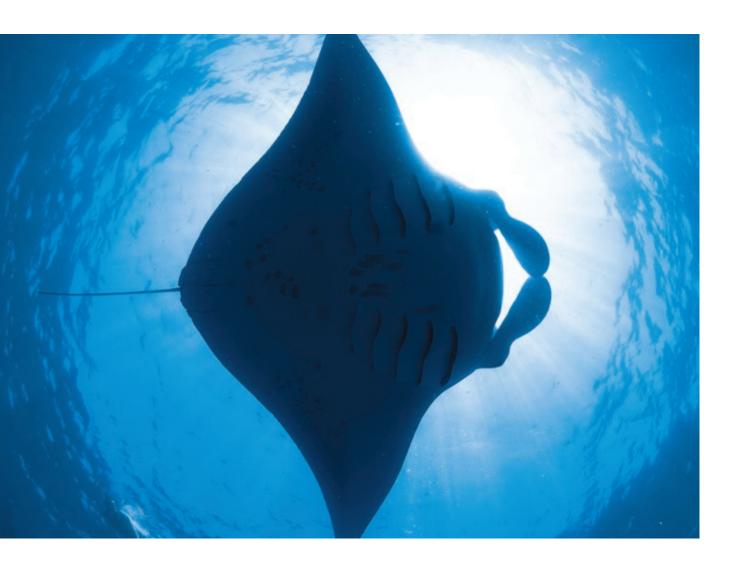
Duration: 2-3 hours

### Freediving at Soneva Fushi

Freediving is the exhilarating practice of discovering the underwater world using only a single breath. You will learn our finning technique – how to propel thorough the ocean, increase your breath hold capacity, ability to both relax and focus, equalisation and of course safety, which is paramount.

Duration & Price: available on request







### Snorkel with Manta Rays

Join us as we search for the enigmatic, graceful, inquisitive and charismatic Manta Rays in the waters of the Baa Atoll. If the conditions are right, we will go to Hanifaru Bay, located only 20 minutes by speedboat from Soneva Fushi, which has one of the world's largest population of Manta Rays. When time and tide align, fortunate snorkelers get to observe and capture a rolling, whirling feast where it may be possible to see hundreds of these large yet harmless creatures congregate to gorge themselves in the plankton-rich waters. There are also several other locations close to Soneva Fushi where Manta sightings are common, so the exact itinerary of the trip may vary to maximize the chance of seeing these magnificent creatures. If Mantas cannot be seen on the trip, the Marine Biologists will lead an underwater discovery tour to showcase the stunning scenery of the marine life in the Baa Atoll. \*Manta sightings are frequent but not guaranteed.

June-October
Duration: 1.5 – 3 hours



## Diving at Soneva Fushi

The Soleni Dive Centre's multi-lingual PADI instructors as well as the small dive group sizes ensure that you get a world-class diving experience, whether you're doing your first or your hundredth dive. There are many dive sites with rich marine life around the resort, sure to tempt all marine enthusiasts.

Duration + Price: Please consult with Soleni Dive Centre







# Non-Motorized Water Sports

We offer a range of complimentary non-motorized water sports, including kayaks, stand-up paddleboards, windsurfing and catamarans. Private tuition is available at an additional charge on an hourly basis.

Duration: As per the guest's wishes



## Surfing in the Baa Atoll

Discover the beautiful Maldivian waters with a surf trip to one of more than 11 different locations in the Baa Atoll. Surf perfect waves in the warm sun, with no one else in sight with your own private instructor. All spots are located within 30 minutes by boat from Soneva Fushi and are suitable for beginners through to advanced surfers. We offer half day and full day surf trips with an instructor, as well as hourly surfing classes. Surfboards are available to be borrowed at no extra charge. May to September offers the biggest waves, although beginners will enjoy the activity year-round.

Half day: 4 hours Full day: 8 hours Hourly classes are also available

#### Evening Fishing at Soneva Fushi

Arguably the oldest profession in the Maldives, fishing is one of the most relaxing activities for the busy traveller. Those who might rank themselves as talented fishermen with a sixth sense for good fishing spots would find it a worthy challenge to test the plentiful waters of the Indian Ocean for an impressive catch. Heading out in the boat just before the sun sets is a chance to enjoy the spectacular natural scenery, stunning sunsets and rich underwater life of the Maldives, while enjoying some canapes and cool beverages to make the experience even more unforgettable. Our captain will take you to secret spots known for big game yet away from the reef to avoid causing any damage.

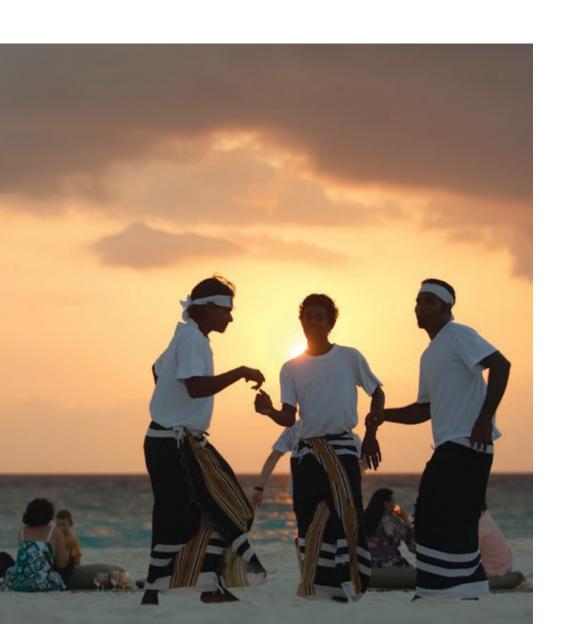
The crew can provide assistance to fishing enthusiasts of all levels, and can also teach the basics of fishing with a simple line and a sharp hook. A maximum of two fish per person can be kept, while all others caught must be released back into the ocean. For those lucky enough to bring back a sizable catch, a meal featuring the fruits of your labor will be prepared by the chefs at the resort.

Time: 16:00hrs to 19:00hrs





# LAND





#### Dinner and Dance on the Sandbank

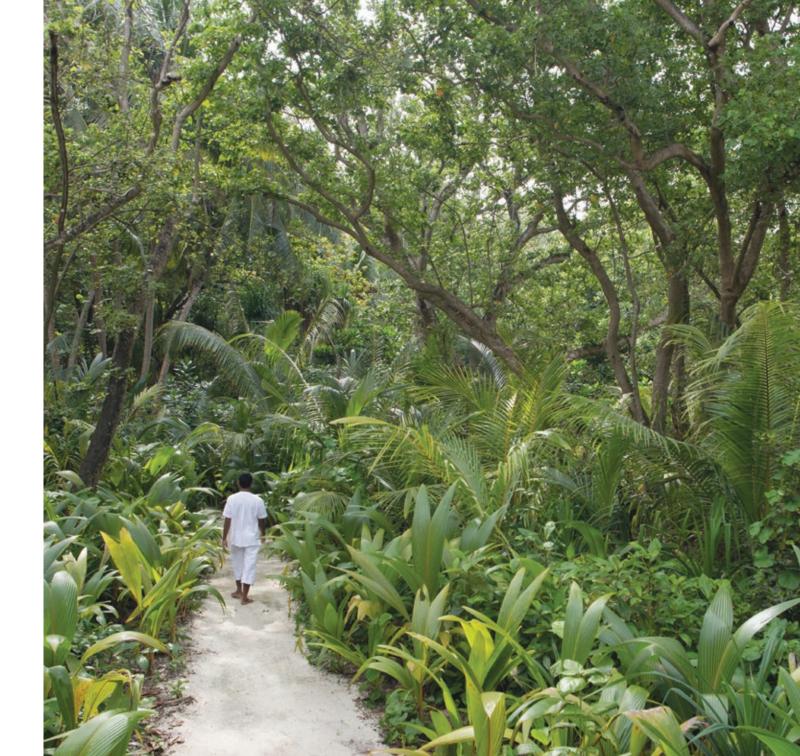
Just say the word and we will request our musicians to accompany you to the private sandbank for an intimate evening with loved ones. Lie back on the rattan mat and enjoy the live music by local musicians while our chefs put together a selection of indulgent dishes.

# Jungle Dinner

Experience nature in all its splendid glory with an intimate dinner in the middle of the jungle. We will pick you up from your villa and take you blindfolded to our secret jungle location. There our chef will have created a culinary journey where each course tantalises one of your senses.









#### Full Moon Dinner

Once a month, over the lunar cycle, we craft a unique dining experience served on our private sandbank. In celebration of the full moon, we create a moon-shaped seating arrangement under the splendidly lit night sky. Please ask your Mr/Ms Friday about the dates of the next full moon.





### Private Stargazing

Get drawn into a world of celestial glory as you gaze at the night sky through the lenses of our state-of-the-art telescope. Tucked away from the lights of civilisation, our resident astronomer will introduce you to the splendours of the galaxies few have been fortunate to witness. We also offer private tuition on astronomy for those keen to learn more.

Duration: 1 hour





#### The Cellar Dinner

Designed to whet the palate of wine enthusiasts, the Cellar Dinner is an unforgettable seven-course culinary celebration created by our Executive Chef and served in our candlelit underground wine cellar. Five unique wines hand-picked by our Head Sommelier will complete the experiences.





# Sunbathing on the Sandbank

Retreat to the tranquillity of our private sandbank to enjoy a relaxing time on your own as you soak up some sun. The experience is yours for two-hour slots and the sun umbrella, towels and water are included.

Duration: 2 hours



#### Sonu's Picnic

Take your desert island experience to another level, and try Sonu's favourite – lunch on a desert island prepared by your own personal chef. Dip yourself in the crystal clear blue lagoon with our in-house snorkelling guide while your chef prepares gourmet temptations in the most romantic of settings.

Duration: As per the guest's wishes







#### Private Sandbank Dinner

Treat yourself to a memorable dinner on our private sandbank set in the middle of the Indian Ocean. After meeting with you, our executive chef will design a bespoke menu to suit your palate and your hosts will set up a beautiful table at the water's edge.



## Six Senses Spa

From soothing scrubs and oils of local coconuts to Tibetan hot stones, we invite you to embark on sensory journeys of authentic treatments from near and far. Enter the peaceful enclave of the Six Senses Spa and choose from a variety of body treatments, specialist traditions and wellness therapies.

Duration and Price: Please consult the Spa Menu





# **CULTURE**







# Trip to Eydhafushi Island

Pay a visit to the capital island of Baa Atoll to immerse in the local culture by watching the islanders as they work, rest and play. Learn how they build their houses, the traditional dhoni boats and prepare their food. We request you to please observe the dress code as detailed in the A-Z compendium.

Duration: 1 - 2 hours

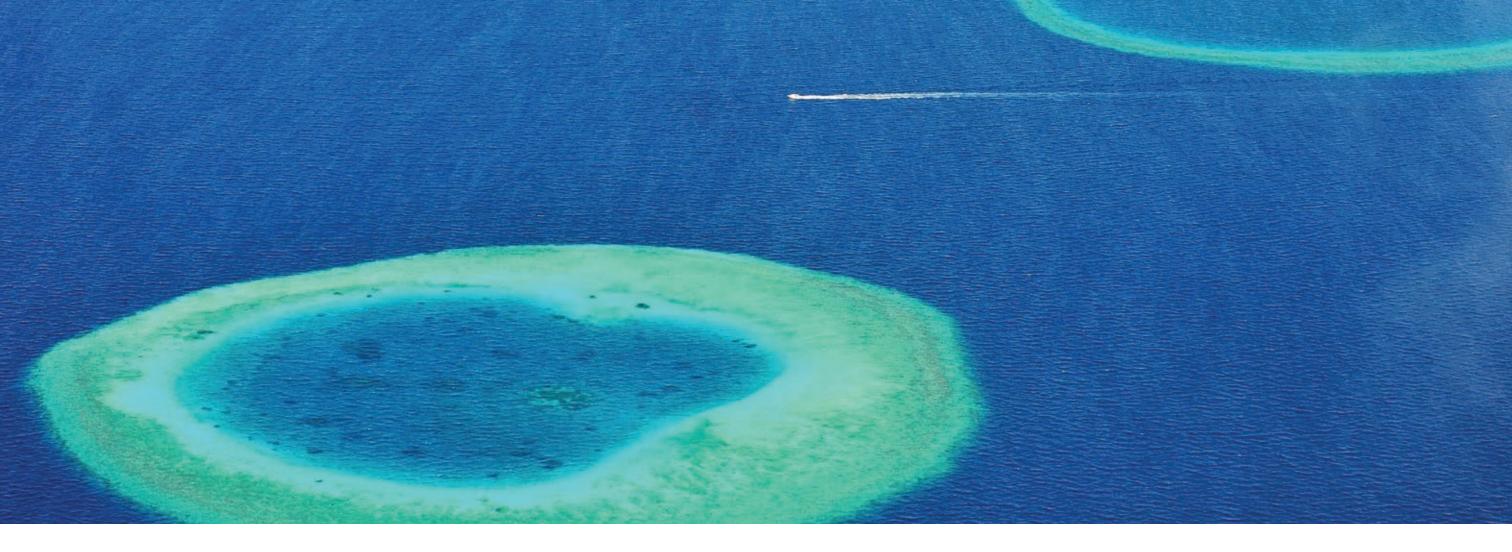


# Trip to Maalhos Island

Maalhos is a quaint traditional fishing island with only 600 inhabitants. Visit the area where the local ladies sit weave mats and baskets as it has been done on the island for hundreds of years. We request you to please observe the dress code as detailed in the A-Z compendium.

Duration: 1 - 2 hours





# Island Hopping by Speed Boat

Get a quick taste of two neighbouring islands and enjoy a special snorkelling trip to one of the reefs in Baa Atoll. Soak in the Maldivian islander culture as you visit the mosque, school, boat-building areas, talk to some of the locals and enjoy an authentic Maldivian lunch at Maalhos Island. We request you to please observe the dress code as detailed in the A-Z compendium.

Duration: 3 hours

## Price List

## Price List

All prices in USD All prices in USD **DON'T MISS** 

150++ per person

Astronomical Dinner Cruise 325++ per person (Dhoni) 450++ per person (Soneva in Agua) Gourmet Gastronomy and Oenology Experience 295++ per person for a shared dinner 500++ per person for a private dinner Robinson Crusoe Castaway Picnic Starting at 395++ per person Finolhu Private Sunrise Breakfast 290++ per couple Private Sandbank Overnight Experience 2,000++ per couple Sunset Dolphin Safari 165++ per person Guided Snorkelling with our Marine Biologist 125++ per person Glass Blowing Class 400++ per couple Tour of our Private Residences Complimentary

**FAMILY** Family Picnic with Guided Snorkelling 750++ per person Private Cinema Experience 585++ per movie The Den Complimentary

Sobah's Dinner & Cruise 250++ per person (minimum 10 persons) Freediving at Soneva Fushi Available on request Snorkel with Manta Rays

WATER

Diving at Soneva Fushi Non-Motorized Water Sports Surfing in the Baa Atoll

Evening Fishing at Soneva Fushi

**CULTURE** 

Please consult with Soleni Dive Centre Complimentary Half day: 600++ / Full day: 1,200++ Private classes: 350++ USD150++ per person (minimum 4 persons)

900++ per couple

LAND Dinner and Dance on the Sandbank 295++ per person (minimum 6 persons) Jungle Dinner 250++ per person Full Moon Dinner 450++ per person (minimum 6 persons) Private Stargazing 250++ per session

The Cellar Dinner 500++ per person (minimum 2 persons) Sunbathing on the Sandbank 165++ per person 750++ per person

Sonu's Picnic Private Sandbank Dinner Six Senses Spa Please consult the Spa Menu

Trip to Eydhafushi Island 90++ per person Trip to Maalhos Island 90++ per person Island Hopping by Speed Boat 450++ per couple Inspiring a lifetime of rare experiences

### soneva.com

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Excursions







## LIFE\* & Dining Experiences

\* Learning, Inspiring, Fun, Experiences

#### **Family Picnic with Guided Snorkeling**

Choose your favorite deserted picnic island and let us arrange our Marine Biologist to escort you on a guided snorkel experience at one of the best reefs in Baa Atoll. Following the tuition of the underwater world make your way back to dry land for a fully serviced gourmet picnic with your private chef and waiter on hand to look after your every need.

Five Hundred and Fifty US dollars per person

#### **Astronomical Dinner Cruise**

This memorable evening begins with an Astronomical Dinner Cruise at late sunset, featuring a delicious four course gourmet meal with paired wines. Watch the sun disappear over the horizon until the stars appear, when our resident astronomer will guide you through the night sky sharing the secrets of the cosmos. Lie back on a soft pillow and listen to the soft sounds of the water, under a bright blanket of stars that twinkle extra bright in the quiet serenity of the Baa Atoll, far from the lights of civilization. This is an experience not to be missed, and only available at Soneva Fushi!

Three Hundred and Twenty Five US dollars per person

#### Nashaalun at Finolhu

Dinner and Dance for couples or families on the sandbank. Let us organize some musicians to accompany you to the sandbank for your own private chill out. Lie back on the rattan mat and enjoy the live music by local musicians while our chefs prepare an array of Soneva dishes and you enjoy a flute of Champagne.

One Thousand Three Hundred US dollars per person

#### Mendhoo Dinner Cruise

Begin your evening with a breathtaking Sunset Cruise while making your way to the deserted island of Mendhoo. Just as the sun goes down you will reach your dining destination, where Chef will have prepared a spectacular barbecue showcase Savor a memorable and unique evening with powder soft sand under your toes, a

fresh barbequed meal prepared especially for you by our culinary team, on a beautiful island in the middle of the Indian Ocean. Our sommeliers can help you select fine wine prior to your departure should you wish. and of course our homegrown organic selections.

Four Hundred and Seventy Five US dollars per person

#### **Jungle Dinner**

Another of our wonderful not to be missed experiences! We will collect you from you villa and take you blindfolded to our secret jungle location. There Chef will have created a cuisine journey where each course engages a particular sense.

Two Hundred and Fifty US dollars per person

#### The Gourmet Gastronomy and Oenology Experience

Let us whisk you down to our extensive wine cellar to experience a tutored tasting session with one of our Sommeliers. Broaden your knowledge of grapes and wines and select your favourite to enjoy with dinner.

Later, we invite you to enjoy a meal crafted by our Executive Chef at either Dolphin Beach or Turtle Beach, our most secluded spots on the island, where you can enjoy an evening of fine dining by candlelight under the stars. The meal can also be served at your private villa at your request.

This is a Private Experience

Two Hundred and Ninety five US dollars per person (Minimum two persons)

#### The Cellar Dinner

For food and wine enthusiasts, the Cellar Dinner should not be missed. Savour an unforgettable seven course gourmet dinner created by our Executive Chef and his team, complemented by five unique wines that are hand-picked by the Head Sommelier for the ultimate pairing experiences.

The Cellar Dinner is served in our private, candlelit underground wine cellar, or any other destination of your choice should you prefer.

Five Hundred US dollars per person (Minimum two persons)







### Freediving at Soneva Fushi

Freediving is the exilirating paractice of discovering the underwater world using only a single breath. It also gives you the chance to look inside yourselves to increase you inner awareness. Holding our breath in the water naturally leads us to a state of simply being in the moment.

Our Freediving Course is built on the foundation of joy, breath, awareness, relaxation, safety and knowledge. Some Freedivers just do it for fun – to look at the fish and corals or simply to relax. Others want to improve their aquatic skills, concentrating on depth and timings or to overcome fear and build self-esteem. Whatever your motive is, you will find great pleasure in the learning, training and the refined experience of Freediving which also often exposes the hidden potential you can use in your everyday life.

While the technical content of the course is professionally presented, the whole process is meant to be entertaining and in a word "fun" for the participants!

You will most certainly bond with the ocean and it will be surely be "love at first breath".

You will learn our finning technique – how to propel thorough the ocean, increase your breath hold capacity, ability to both relax and focus, equalization, and of course safety, which is paramount. In short we use the term -Aquaticity.

You will have a complimentary Private Consultation with our Freediving Instructor, before starting the course. After the basic course is completed, Freediving sessions can be taken ad libitum and of course we are always on hand to help with further techneques as needed.

#### **Private Excursions**

#### **Robinson Crusoe Castaway Picnic**

If you think you have found peace and tranquillity on Soneva Fushi, then prepare yourself for the ultimate Robinson Crusoe experience! Let us whisk you away to one of our deserted islands to feel like a true Castaway. Our boat will sail you to one of the uninhabited islands, with your picnic basket and snorkel gear... and then leave you to enjoy your day.

We have a selection of picnic hampers available and the menus can be viewed at the Guest Relations Champa or with your Mr/ Ms Friday. Three Hundred and Ninety Five US dollars per person(Minimum two persons)

#### **Additional Option:**

The Island of Nibiligaa is a remarkably beautiful island with stunning reefs & swaying coconut palms and no other island close by. This island can be arranged for a supplement of Two Hundred and Fifty US dollars.

#### Finolhu Private Sunrise Breakfast

Let us sail you over to your very own private sandbank where a wonderful Continental selection will be prepared for your arrival. Wait for the almost spiritual moment when the emerging sun rises from the East to the sounds of the waves lapping on the shore.

Two Hundred and Ninety US dollars per couple

#### Sustainable Fishing at Soneva Fushi

Preserving the marine ecology is one of our biggest priorities at Soneva Fushi. Hence we try to create memorable experiences for our guests that have limited impact on the environment. This is an ideal activity for guests whom enjoy fishing or would like to try something new. Our Dhoni (Maldivian wooden boat) is fully equipped with rods and lures for casting and trolling. We set sail before the sun rises, cruising through the Baa Atoll in search of the best fishing grounds. A wonderful Continental and organic breakfast will be prepared for you to enjoy at your leisure. We would like to advise you that one fish per person of a set size may be kept, and any other fish caught during this wonderful experience must be released.

Five Hundred and Ninety Five US dollars per couple (Minimum two persons and Maximum six persons)

#### **Private Sandbank Overnight Experience**

This is one of the most wonderful experiences a Soneva Fushi. Spend a romantic night under the vast Maldivian skies on your own private sandbank in a luxurious Bedouin tent (complete with WC facilities). Sip cocktails and enjoy a canapé selection as the sun sets, whilst surrounded by the sounds of the lapping waves of the Indian Ocean. Make your way to your candlelit dinner table and private staff before they depart to allow you the experience of a deserted island without artificial lights and the clear skys above. Breakfast the following day will be delivered at a prearranged time of your choice.

Two Thousand US dollars per couple











#### Sunbathing on the Sandbank

Whenever you feel like getting away from it all and having a relaxing time on your own, hop on our boat and let us take you to the private sandbank (located on the horizon in front of the main arrival jetty). The experience is yours for two hour slots and sun umbrella, towels and water are included.

One Hundred Sixty Five US dollars per couple

#### **Private Sandbank Dinner**

Enjoy a one off and exclusive experience on our sandbank in the middle of the Indian Ocean. After meeting with you, our executive chef will design a bespoke menu to suit your culinary palate and your hosts will arrange a beautiful table at the water's edge and transfer from the main jetty by boat.

Nine Hundred US dollars per couple

#### **Full Moon Dinner**

Once a month over the lunar cycle, we prepare a unique dining experience served on the sandbank. In celebration of the full moon we re-create a moon shaped seating arrangement under the brightly lit night sky. Please talk with your Mr/Ms Friday for this month's dates for the full moon.

Two Hundred and Twenty Five US dollars per person

#### Eydhafushi Island by Dhoni

Visit the capital island of Baa Atoll with its mosques, hospital, school, cemetery and other significant sights to gain a little more insight into the local culture by watching local people at work, rest and play. Learn how they build their houses, build the traditional dhoni boats, prepare their food and relax (which is a primary pastime in Maldives) on their jolies and ondolies (the woven chairs) and of course play football. The population of the island is about 2,500, and the famous Maldivian hospitality will soon become apparent as you walk around you will be greeted by many friendly faces. The tour is about one hour long and we ask that you please observe the dress code as detailed in the A-Z compendium.

Ninety US dollars per person, (Minimum two persons)

#### Maalhos Island by Dhoni

Maalhos is a small traditional fishing island with only 600 inhabitants. Visit the area where the local ladies sit and chatter and watch them weave mats and baskets as they have done on the island for hundreds of years. You can also take your holiday photos of Soneva Fushi from across the water.

The tour is no longer than an hour long and we ask that you please observe the dress code as detailed in the A-Z compendium.

Ninety US dollars per person, (Minimum two persons)

#### Visit Kudarikilu Island to See the Museum

Kudarikilu is a small traditional fishing island with only 500 inhabitants. Listen to the locals sit and chatter about the day's fishing in the shade of the trees. This island has one of the few traditional museums in the Maldives. The museum was started by Ibrahim Fulhu, a traditional handicrafts man. The tour takes about an hour and to avoid offence we ask you to please observe the dress code as detailed in the A-Z compendium.

Two Hundred and Fifty US dollars per couple

#### Other Local Islands by Dhoni

Excursions to other local islands in Baa Atoll, for example; Dhonfan, Kamadhoo, Dharavandhoo, Kudarikilu and Thuladhoo, can also be arranged. Please ask your Mr/Ms. Friday for further information on these excursions.

(Price will be variable according to the distance travelled)

#### **Island Hopping by Speed Boat**

During this journey you will have the opportunity to see two local islands and enjoy a special snorkelling trip to one of the reefs in Baa Atoll. On the local islands, you can gain an impression of the Maldivian islander culture and every-day lives; see the mosque, school, boat-building areas, chat to some of the locals and enjoy the classic Maldivian lunch at Malhos Island. After our homely experience of local lunch, our boat captain will take you to one of the area's most beautiful reefs for a wonderful snorkelling experience. During the Island Hopping please observe the dress











code as detailed in the A-Z compendium or ask your Mr/Ms Friday for advice.

Four Hundred US dollars per couple

#### Sunset Dolphin Safari

Can there be a more fascinating and beautiful experience during your tropical holiday than watching dozens of playful dolphins in the light of the setting sun? Dolphins are regular visitors in the waters near Soneva Fushi, and sightings are almost guaranteed. While you cruise in the deeper waters on a dhoni, (the traditional Maldivian boat) you will be served a selection of canapés and flute of Champagne. This popular two-hour excursion is one of the best opportunities to take home some wonderful almost spiritual memories of the Maldives.

One Hundred and Sixty Five US dollars per person, (Minimum four persons)

Guided Snorkeling by dhoni with our resident Marine Biologist
Our Marine biologist is ready to take you for a guided snorkelling
trip to one of the amazing reefs found in Baa Atoll for an
introduction or refresher to the extensive marine life found
in the Indian Ocean. She will guide you through the reefs
and explain each and every species of life that you could see
during this adventurous trip. You may also be lucky enough to
encounter our beautiful sea turtles and manta rays, which are
also native to this area of the Maldives.

One hundred and twenty Five US dollars per person, (Minimum four person)

#### Private Guided Snorkeling by Dhoni

If you are interested in a more personal guided snorkeling, our resident Marine biologist will be able to escort you on a private snorkelling experience to one of the Baa Atoll reefs. She will guide you through the marine world of sea life and corals as well as explain a little about the impact we are experiencing here in the Maldives with regard to Global Warming. There is a real possibility

of seeing our Atoll native manta rays and sea turtles and is certainly an experience not to be missed.

One Hundred and Fifty US dollars per person

#### **Private Cinema**

'Cinema Paradiso' was the very first outdoor cinema in the Maldives! We love Classic and Inspirational movies and have a weekly movie selection for both adults and children. If there is a movie you wish to see there is also the possibility for you to hire just for your family.

Popcorn is readily available as well as comfy loungers to recline in under the stars.

Five Hundred and Eighty Five US dollars for private screening

#### **Private Stargazing**

Soneva Fushi had the very first Observatory in the Maldives and is an experience we are extreamly proud of and absolutley one we recomend you consider.

Not only did we have the first Observatory, but we also are proud to have in our team the very first Maldivian Astronomer in the Maldives Mr Shameem, who is also our Assistant Guest Relations Manager.

If you have a desire to learn more about Astronomy, please feel free to talk to your Mr/Ms Friday about reserving a private tuition at the Observatory, for an imformative, simple yet fun look at the Celestial plains.

Two Hundred and Fifty US dollars per session

You may also wish to combine the Astonomical experience with a dinner cruise which is a new experience

\* Please note that all prices are in US dollars and subject to 10% service charge and 12% GST







## Soneva Fushi Maldives

Hidden among dense foliage and located within the Baa Atoll UNESCO Biosphere Reserve, Soneva Fushi inspires the imagination. The award-winning resort truly defines the essence of barefoot luxury with Robinson Crusoe simplicity. The resort's down-to-earth personality is reflected in its nature-inspired architecture. If the experiences are magical, the philosophy is simple; no news, no shoes.

# Freediving

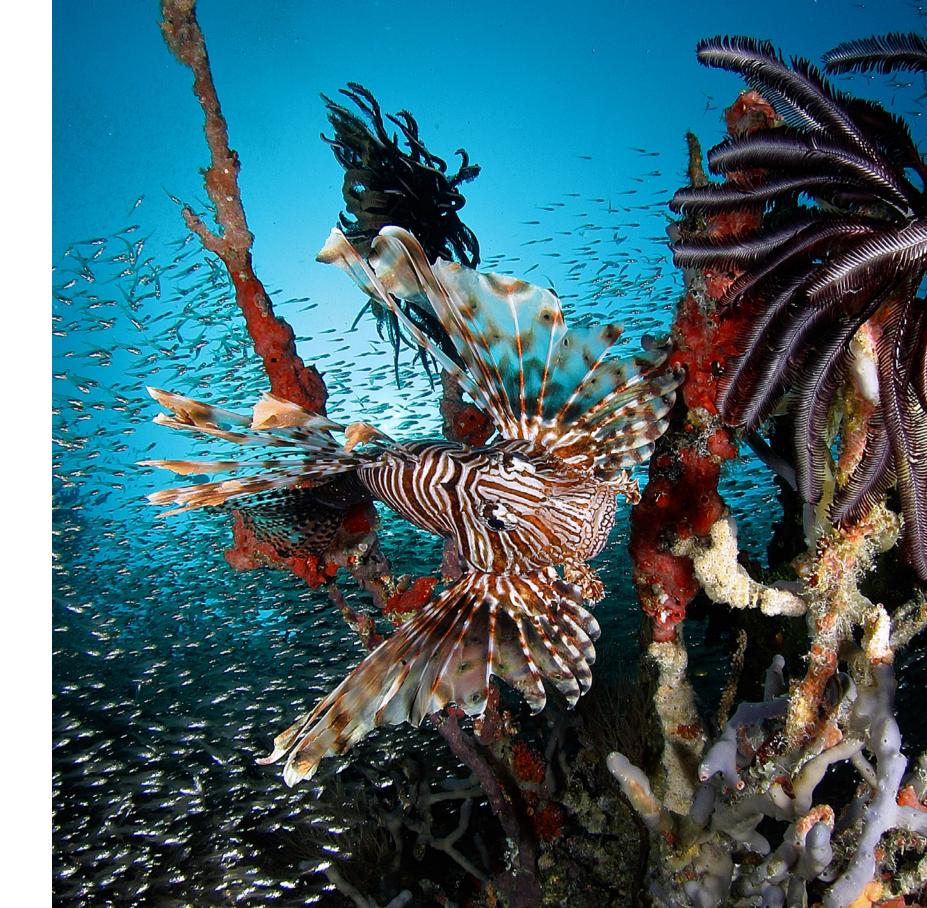
**Freediving** is the art of discovering the amazing underwater world on a single breath, without supporting equipment. Freedive for fun – to look at the colourful fish and beautiful corals or simply to relax. Or, freedive to improve your aquatic skills, or to overcome fear and build self-confidence.

The Freediving courses consist of theory lessons, breathing and relaxation techniques, stretching, confined water and open water practice.

Guests learn all the essential aspects of Freediving directly from World Champions who currently hold or held multiple world records. They will learn about what happens in the human physiology when we Freedive, about the physics of water, about mental capacities, deep relaxation and breathing techniques to improve health and well being. The breathing techniques are the key factor for Freediving and these can be used anytime anywhere, in ones daily life back home. In the water they will learn how to move more graciously, thereby saving energy. How to use fins with correct technique and how to be calm and relaxed in the water. They will get a diploma, The course is open to all ages 12 and above, and participates will receive a diploma upon completion.

**Kids Freediving experience** is a 2 hour journey on the reef where kids will have fun and learn directly from a World Champion. We will explore basic techniques of swimming, finning, snorkelling and easy fun dives while holding the breath! The kids will have fun, we will take pictures in the water and they can even try a mono fin (swim like a dolphin technique).

**Talkers Table** An exclusive opportunity to get to know a Freediving World Champion close up and hear his anecdotes about his career, the sport, competitions and records, and the amazing marine life he has seen.



## Meet the Freedivers







### 01/12/2017 onwards Ken Kiriyama

Learn the art of Freedivng with our resident instructor, Ken Kiriyama, a highly experienced Freediver. Having practiced Yoga and Pranayama since the age of 16, Ken uses these techniques as the foundation and preparation for Freediving. He is known to make people calm and relaxed in the water, making them let go of fear and anxiety that can be applied to daily life as well. The result is a meditative experience of "oneness" with the ocean.

### 05/01/2018 - 12/01/2018 Alexey Molchanov

Alexey Molchanov is the deepest man in the history of competitive freediving. Overall he's set five world records and has earned 15 combined gold, silver and bronze individual and team medals at world championship events.

- 1 1/2 day Freediving course in Russian and English
- Kids Freediving experience x 2
- Talkers Table for maximum 5 couples
- Cinema Paradiso lectures and presentations with Q & A and Meet & Greet (photos, autographs)

#### 20/02/2018 - 27/02/2018 Umberto Pelizzari

Umberto Pelizzari is an Italian freediver, widely considered among the best of all times. He's the only one to have established world records in all freediving disciplines that existed at that time. Umberto, along with his rival Pipin Ferreras, are the focus of 2001 IMAX production, Ocean Men.

- 1 1/2 day Freediving course
- Kids Freediving experience x 2
- Cinema Paradiso lectures and presentations with Q & A and Meet & Greet (photos, autographs)



# Freediving with World Champion Freediver Umberto Pelizzari

Umberto Pelizzari is an Italian freediver, widely considered among the best of all times. He's the only one to have established world records in all freediving disciplines in Constant Weight, Variable Weight, and No Limits.

He became famous for his rivalry with another top freediver, Pipin Ferreras, originally a close training friend. In No-Limits, Pelizzari and Ferreras pushed each other deeper and deeper and became the focus of the 2001 IMAX production Ocean Men.

He will be at Soneva Fushi between 20th – 27th February 2018. Book your lessons with him prior to your arrival and get 20% off the below menu prices. (A special family discount also applies for 3 pax or more).

Freediving/snorkelling course (3 sessions)

USD 1,595++

Freediving/snorkelling session (2 hr) USD 595++

Kids Freediving/snorkelling Experience USD 225++

Special snorkelling trip to another Atoll USD 595++

\*lessons available only for in-house guests



or email reservations@soneva.com.

