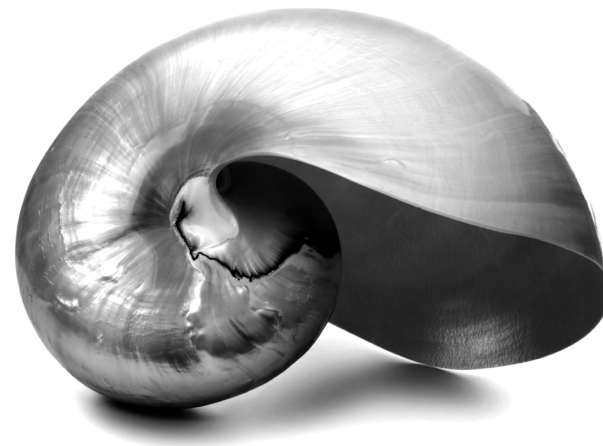




lime

## Come out of your shell

Sink into relaxation in the depths of our world-first underwater spa treatment rooms, where watery voyeurs cast their eyes on indulgent rituals.



At LIME you are invited to drop your robe, cares, guard, and anything else that has been weighing you down. LIME is more than skin deep. We get right to the pulp, without ignoring the outer peel. Our team will treat you intuitively and individually, whether through our bespoke facials or underwater rituals.





## Unlimited U-time

Float through multi-day journeys of hydrating wraps, intuitive massage, couture facials and underwater dream therapy, or transform in a single day.

**Bliss in a Day:** Give us your sore and your weary so that we may rub, soak, soothe, heal, pamper and restore you to a blissful state.

**3 Days of Heaven:** Heal and prepare. Ritual massages, deep exfoliation and therapeutic remedies ready you for the tropical sun.

**5 Days of Escape:** Calming massages combine with smoothing sea salt exfoliations and hydrating aqua rituals to soothe and regenerate weary bodies.

**7 Days of Reflexology:** Earth and sea combine to boost energy from within. Coconut and corals; sugar body scrubs and couture facials seal in softness. Senses soar through massage rituals.

\*Payment required at time of booking. Cancellation policy applies.





# Underwater Rituals

Descend beneath the waves. Colourful fish frolic in anemone gardens. Reef sharks glide by. Every minute of every day, the watery canvas changes. Immerse yourself - alone or with a lover - and allow us an extra 15 minutes to pamper you post-treatment with tea and tropical fruit.

## Private LIME for Lovers

150 Minutes

Immerse yourself in a world beneath the waves as therapists pamper with a relaxation massage and Miracle Facial for two. The decadence continues in the privacy of your room. Bathe in milk as champagne bubbles burst on the tongue post-massage.

## LIME for Two

90 Minutes

Gift your partner time. Relax. Sigh. Sleep side by side under the sea as we weave magic with a full body massage and couture facial for two. You'll leave glowing.

## Soul to Sole

90 Minutes

Essential oils slicked across the body and skin warmed from massage. Relax into this treatment built for two. Soak in the reef's colour and bask in the attention and the soulful strokes of our masseuse.

### **LIME Light**

150 Minutes

The essence of island living. Virgin coconut oil and lime combine with deft hands. We'll match your massage to your body's needs. After, melt under the touch of our Radiance ice cubes, which leave facial contours stimulated.

### **Turquoise Explosion**

90 Minutes

Float into this aromatic, tension-releasing massage that stretches from tip to toe. Then, allow yourself to drift away with our replenishing island facial. Soar to new heights as we bring natural beauty to the fore.

### **Fluidity In Motion**

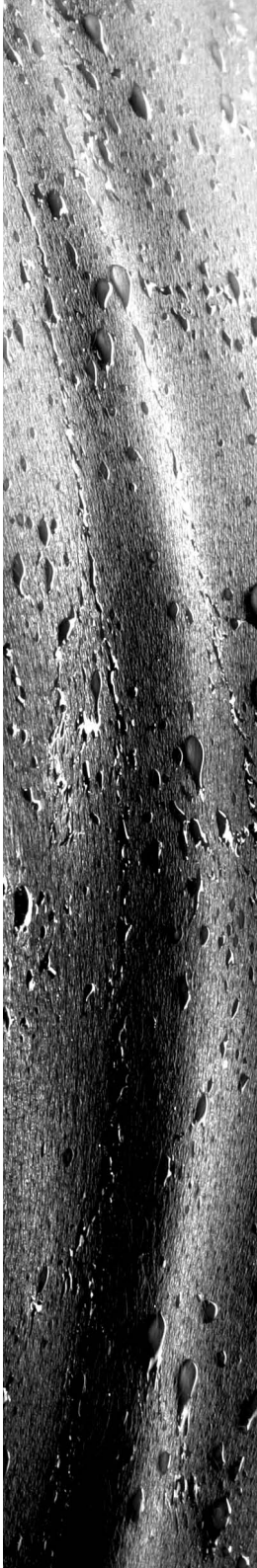
90 Minutes

Embrace the surrounds. Lie face up 'on the water', under water. Hydroderm-heated water cushions lift and soothe. Fluid massage movements evaporate muscular tension. Sheer bliss is inevitable.

### **Marine Wave**

60/90 Minutes

Synchronised flowing and soothing movements lull you into a deep state of peace and tranquillity as soft palms and forearms melt the tension and stresses of the day. This healing massage allows your therapist to work intuitively on the front of the body, whilst targeting upper-back tension.









# Overwater Rituals

Salt spray. An ocean of infinity. The woosh as waves wash ashore and dark blue fades to brilliant turquoise. Let the sounds lull you as you indulge in our overwater rituals.

## Restore Me

150 Minutes

Feet soak in fresh lime. Island coconut and coral sands combine to renew the skin. A body wrap cossets and nurtures. Maldivian coconut oil guides hands to massage and restore. A couture facial adds a touch of decadence to finish.

## Indulge Me

150 Minutes

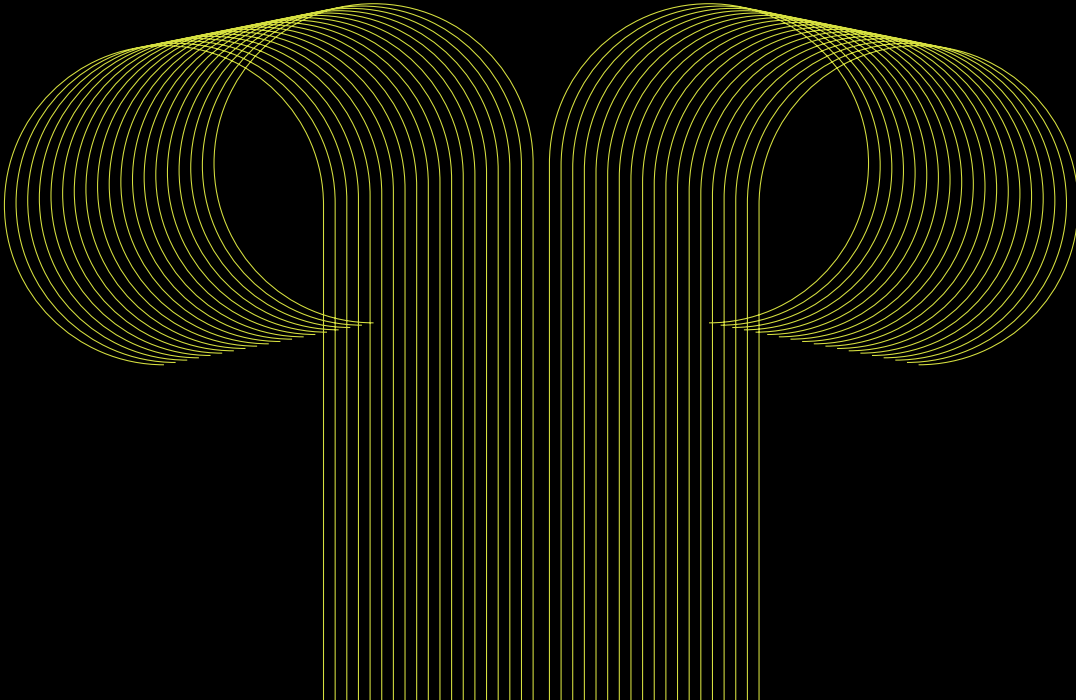
Relax on a blanket of hot rocks as tensions slide away. Heat and hands seek and soothe. The cooling power of an ice facial contrasts beautifully. Skin is revived and lifted and spirits soar as we finish with an Indian Head Massage.

## Inspire Me

150 Minutes

Centre yourself. Senses awaken to the touch of a full body massage. Deep relaxation follows our foot reflexology session. The healing power of the ancient Shirodhara ritual inspires mind, body and soul to connect.

Rituals can be paired with body massages, facials, manicures and pedicures for the sheer pleasure of it.







## Bespoke Massage

LIME Intuitive 60/90 Minutes

Bespoke from toe to tip. Therapeutic. Indulgent. Satisfying. Oils blended just for you. Massage strokes soft or firm, as you like it. Relax. Energise. Detoxify. Anti-oxidise. The choice is yours.

Stress Releaser 90 Minutes

Classical movements combine to stroke away stress. Gentle touch on muscles. Signature oils help relax the mind. Tension ebbs. Sleep follows.

Bespoke Deep Tissue 90 Minutes

Swedish massage techniques stretch weary muscles. Tension is released. Circulation flows freely and flexibility returns. Tailor-made for the active and adventurous.

Hot Stone Massage 90 Minutes

Energy guides us. Hot basalt stones warm and soothe. The heat extends from the therapist's hands. Muscle stress melts away under massage.

Yummy Mummy 60 Minutes

Gentle as a newborn's touch. Virgin coconut oil promotes supple skin. Relief and relaxation is offered for all stages of pregnancy.

Bespoke Balinese 60/90 Minutes

The wisdom of tradition. Acupressure and massage stimulates energy and circulation. Smooth strokes and spicy aromas release and refresh.

Reflexology 60 Minutes

Energy pathways are restored. Pressure points soothe a tired body. Circulation flows freely. Leave feeling balanced and energised.

Un-Thai Me 90 Minutes

Wholistic. Alternative. Yoga techniques marry with massage as Un-Thai Me as stretches muscles with mat work. Blocked energy bursts from trigger points. Leave replenished.\*

\*Loose pajamas are provided during this treatment.

# Bespoke Body



## Island Glow

45 Minutes

A tribute to our Dream Island. Local coconut flesh soaks up home-made oil and coral sand. Skin is buffed, polished and hydrated. Leave deeply nourished, with an island glow.

## A Twist of Lime

45 Minutes

The tang of fruit with a twist of ginger and a pinch of salt. A body scrub designed to polish, soften and deeply cleanse pores. Emerge rejuvenated and flawless.

## Body Sculpt

75 Minutes

Deep massage stimulates hidden lymph nodes and encourages circulation. Legs, abdomen and skin are the heroes. Bid cellulite adieu. Emerge contoured and firmed with help from our couture elixirs.

## Sun Repair

60 Minutes

Thirsty skin is quenched and indulged. Allow us to envelop you in a blend of clay, aloe and cucumber. Sun damage is instantly soothed. Finish with a scalp massage and botanical body milk.

# Bespoke Facials

**Pure Indulgence** 75 Minutes

Indulge oily and problematic skin. We deep cleanse, purify, rebalance and apply lymphatic drainage techniques. An aromatic peel-off masque soothes, calms and revitalizes.

**Miracle Ice** 60 Minutes

Unique. Divine. Inspired by water. Ice Cryotherapy instantly pumps, lifts and revives. This miracle facial will leave your complexion visibly refreshed.

**Skin Renewal** 75 Minutes

Skin is deeply and gently exfoliated on the surface and below. Emerge with a luxurious glow and incredible softness.

**LIME Couture** 60 Minutes

Bespoke. Beautiful. Enhancing. Active plant serums, masques and aromas combine. Your skin gifted a treatment it wants and deserves. A flawless holiday pick-me-up.

**For Your Eyes Only** 30 Minutes

Enhance, lift and firm the windows to your soul. State-of-the-art cryotherapy ice lifts. Lymphatic massage targets dark circles and signs of ageing.\*

\*The perfect accompaniment to any facial.



## Treat Yourself

Indulge a little more. These teasers pair beautifully with any treatment. \*

### Indian Head Massage 30 Minutes

Free your mind. Pressure points on the head, neck and shoulders are massaged allowing you to recapture your lost energy.

### Tension Release 30 Minutes

Deep, long, firm strokes. This specialist massage treats your neck, back and shoulders. Tension releases and muscles relax.

\* These teasers can only be purchased as an add-on to existing treatments and cannot be sold individually.

### Oriental Foot Massage 30 Minutes

Expert fingertips unblock energy. Your feet are the windows to wellness. After 30 minutes, your natural flow of energy will be restored.

### Island Teaser 30 Minutes

Treat your skin. This mini-facial will give tired skin a pick-me-up and leave you refreshed.





# Essential Nails

## Fingers First

60 Minutes

Warm botanical oils soothe and strengthen. Hands transform from practical to beautiful. Aromatic oils restore and refine. Rich mud heals. Buff and polish adds shine to your nails.

## Well Heeled

75 Minutes

Our ultimate toe-to-heel treatment. Soothe and revive worn-out feet. Sea salt polishes. Aromatherapy nourishes. Massage pampers. Nails are buffed to perfection.

## Hands and Feet Expresso

75 Minutes

Perfect holiday nails are in reach with this mini-mani and pedi combination.





# Wellness Journeys

## LIME Recommends Raw.

A hidden secret. Original. Creative. Natural. For those that care about their bodies, yet eschew the bland and boring, we highly recommend incorporating the RAW experience into your wellness journey on Huvafen Fushi. Enjoy wholesome food and fresh juices in a pavilion with endless ocean views.

## Meditation

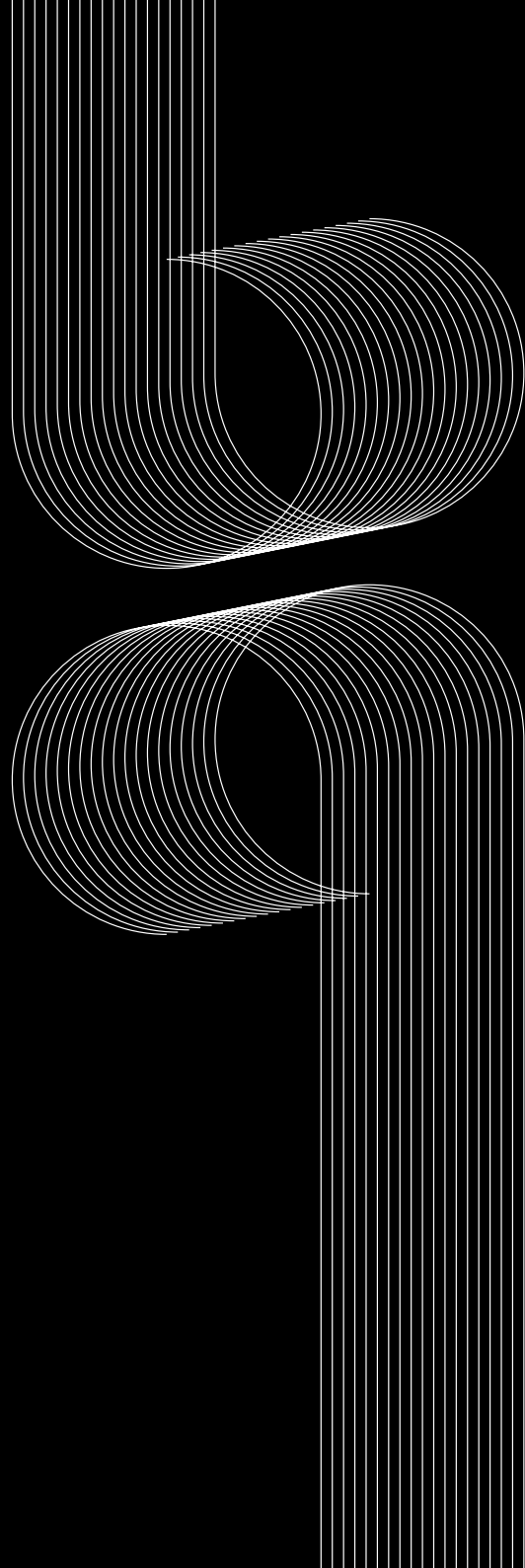
Concentration. Awareness. Inner calm. Meditation and yoga nidra help you transcend into a heightened state of mind. Embrace the sense of tranquility and peace.

## PUMP Gym

Pump. Move. Workout. Moisture beads on arms and stingrays swim underfoot. Walk on water on a treadmill with million dollar ocean views. The weight of the world slides away. Up the pace in an idyllic setting.

## Yoga

Breathe. Balance. Tranquility. Stretch into a garland pose as the sun rises in the skies above our overwater pavilion. Curve into a bow pose in a private session and setting of your choosing.



## How to LIME

### Avant LIME

We recommend that you arrive 30 minutes prior to your appointment to allow yourself time to relax and explore Sublime – LIME's pre-treatment spaces – as well as our calming surroundings.

Whilst we will always try to accommodate your treatments in full, we would hate for your treatment to be cut short due to your late arrival.

If you are running late, rest assured you will receive the best possible experience with your remaining appointment time.

### LIME Health

In our healing environment, your wellbeing is our priority. Please tell your therapist if you have any known medical conditions that may affect your treatment.

### Cancellations

We understand that sometimes you may need to change your schedule. We kindly ask that you give us a minimum of twenty four hours' notice. Appointments cancelled within 12 hours will incur a 50% cancellation fee. Appointments cancelled within four hours will incur a 100% cancellation fee.

### Spa Attire

Wear whatever makes you feel comfortable. On arrival, you will be provided with a robe and towels. Swimwear must be worn in the sauna, steam and spa bath communal areas.

### Your Valuables

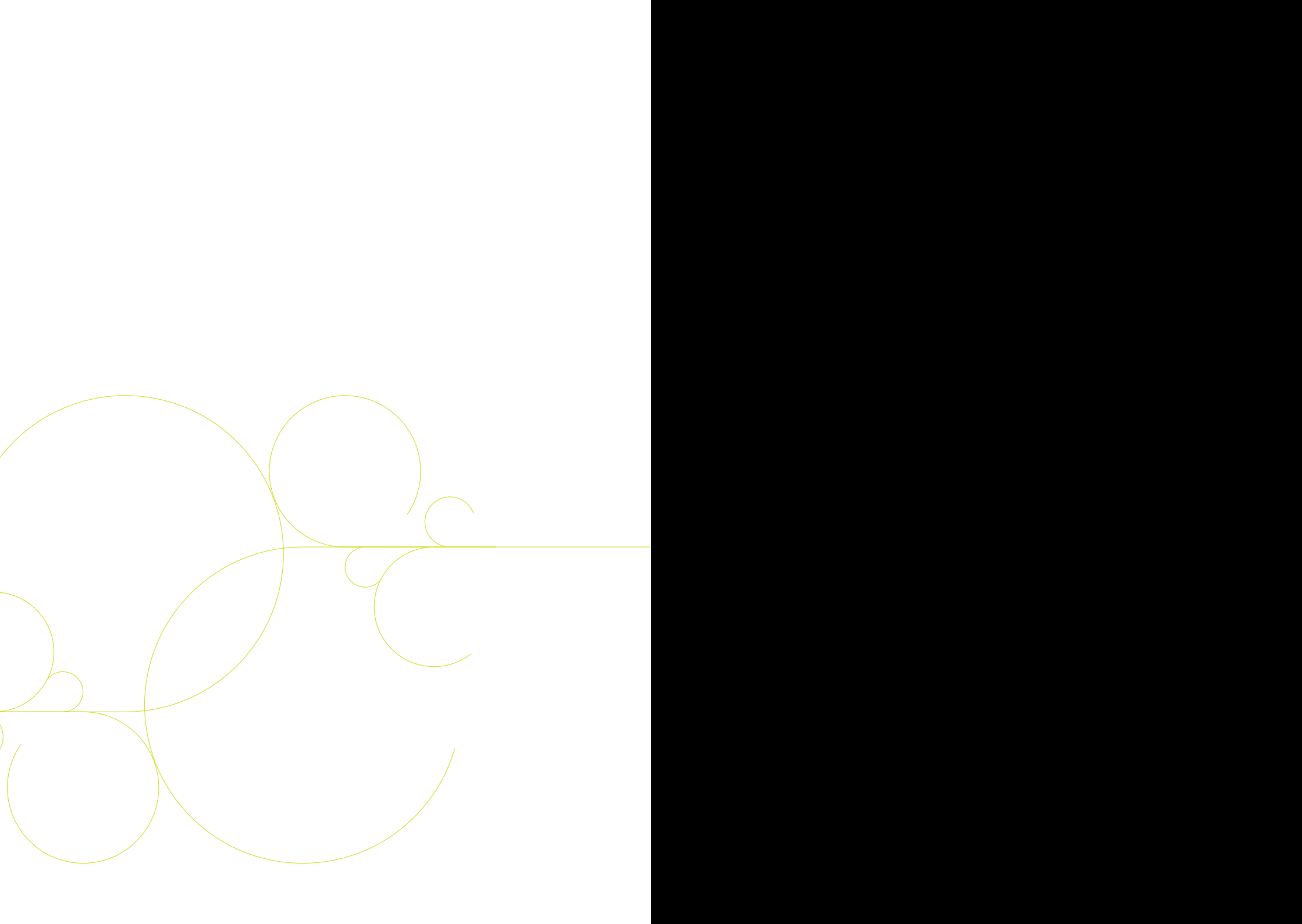
We respectfully request that you leave all valuables in your in-room safe. LIME Spa does not assume any liability for lost or damaged items of any kind.

### Green Environment

LIME is a fresh and pure environment – free from environmental noise pollution. Please help us maintain our serenity by refraining from smoking and turning off mobile phones before entering.

### Reservations

We highly recommend rituals and treatment times are booked in advance. Our LIME Spa receptionist or your Thakuru will be able to assist.







PER AQUUM

HUVAFEN FUSHI  
MALDIVES

PER AQUUM Huvafen Fushi

North Malé Atoll, PO Box 2017, Republic Of Maldives

Tel: +960 665 5286 | Email: [lime.phuv@peraquum.com](mailto:lime.phuv@peraquum.com)  
[peraquum.com](http://peraquum.com)