



The Cove Club is a happening hub of pastel-coloured beach Divans and a mellow retro revival area where massage, movement and chilling is medicinal – just drop anchor and relax! 10 chandelier-lit treatment Divans - each celebrating an iconic diva of the 60s and 70s - are complimented by a fitness centre, movement pavilion and outdoor 'Palm Beach gym'. The island's natural environment is the inspiration for fitness activities at The Cove Club, from capoeira and paddle boarding to ballet and kickboxing, while the facilities will also include a relaxation area overlooking the beach, steam/sauna, wellness areas, salon and retail pavilion.

The Cove Club opens from 10am - 8pm. Cove Club Fitness & Movement Pavilion opens from 6am - 11pm. (But do let us know if you would like us to open earlier or later)

ALL TREATMENT PRICES ARE SUBJECT TO 10% SERVICE CHARGE AND 12% GST

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ROCKSTAR BODYWORK BY PURE MASSAGE

Pure massage is a therapeutic, progressive massage that combines different massage techniques such as deep tissue, Swedish massage, myofascial release, trigger point therapy, Thai stretches and energy work, addressing the natural rhythms and self-healing abilities of the body. With a philosophy deeply rooted in both Eastern and Western traditions. Beata Aleksandrowicz is the Pure Massage founder and teacher, has designed all our massages combining the best techniques and structures that deliver the most effective wellness experience.

3 - 2 - 1 (three day program)

(15/25/75) Minutes

\$ 140 per day

3 days from top-to-toe! Start the first experience with 3 Cove Club therapists working on your feet, shoulders, neck & scalp for 15minutes... with our chill out tunes for you at our sunset lounge! For the second day, 2 therapists will focus the massages on your legs & feet, arms & hands and extended work on your shoulders, neck and scalp... Groovy! On the third day we invite you to one of our amazing treatment pods where one therapist will be thrilling you with a full body Massage of 75 minutes. Do you want to miss it?

Revitalising Face Massage

50/75 Minutes

\$ 125/155

Botox free but more effective than Botox. Remove puffiness and lift up your complexion while improving your beauty sleep. Ready... Set... Tone!!

Detox

60 Minutes

\$ 140

Dry | Had one-to-many delicious cocktails at sunset? or an extra piece of that sumptuous dessert? We will help you eliminate all toxins combining abdominal techniques, lymphatic drainage and foot reflexology.

Body Massage

60/90 Minutes

\$ 150/180

Did you said you need to #relax? Chose 60, 75 or 90 minutes according to your tensions and come chill with us for a full body treat.

Jet Lag

60 Minutes

\$ 150

Relieve the effects of Jet Lag with one massage? Definitely possible!! Reset your body clock with dynamic stretching and targeted massage stokes.

Bikini

60/90 Minutes

\$ 160/190

Are you Bikini-ready? We can help! All the best ant cellulite techniques in one energetic, deep and effective treatment. Did you say BEACH???

Pure Movement

75/90 Minutes

\$ 170/190

Dry | Getting a workout done without going to the gym? Now is possible with this combination of alignment techniques, pressure, active and passive stretches.

Baby Mama

75 Minutes

\$ 170

The most important months of your life filled with groovy love, joy and care!



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HOLLYWOOD FACIALS BY !QMS MEDICOSMETICS

Founded by Dr Schulte from Germany, !QMS products and treatments are rooted in science that is results driven giving instant results and healthier, stronger and radiant younger looking skin.

Red Carpet Facial	50 Minutes	\$ 140
Getting ready for the Red Carpet was never so easy! Try this 50 minutes face treat so your skin glows with health. ADD YOUR FIX...		
Oxygen Boost	+ 15 Minutes	\$ 35
Uses a high-tech, cool jet of pure Oxygen to smooth fine lines and plump up the skin.		
Eye Reviver	+ 15 Minutes	\$ 35
Complete rejuvenation for the delicate eye area.		
Lip Zone Repair	+ 20 Minutes	\$ 45
Visibly smooth fine lines and wrinkles on the upper lip area.		
Lift and Contour	+ 15 Minutes	\$ 35
Immediate lift & tone effect with advance skincare.		
Collagen Rejuvenating	90 Minutes	\$ 165
Giving back the elasticity to your face is our mission! Result? Revitalized skin!		
Radiance Boost	90 Minutes	\$ 165
A 90 minute intense facial to stimulate micro-circulation giving an instant boost and leaving the skin visibly more radiant.		
Ultra lift	90 Minutes	\$ 175
A 90 minute firming and toning anti-aging designed for more mature skin. !QMS powerful scientifically proven products at their best.		
Skin Renewal	100 Minutes	\$ 200
Complete Make Over with exclusive 100minutes facial. Achieve smoother, firmer and brighter skin.		



FRIDAY NITE BODY BY ILA

iLA products are totally organic, founded on natural, ethical integrity and hand-blended in the heart of the English countryside. Their treatments are renowned for beautifully bridging the gap between body and soul.

- Beach Body Polish** **60 Minutes** **\$ 140**
 Scrub | Get ready for a beautiful tan with a nourishing and soothing combination of polish. ADD YOUR FIX...
- + Nourishing Wrap** **+ 40 Minutes** **\$ 95**
 An exotic combination of Rose & Sandalwood to help hydrate and rejuvenate your body skin.
- Detox Body Polish** **60 Minutes** **\$ 140**
 Scrub | Himalayan Salt Crystals scrub to help purify and reduce appearance of cellulite. Vibrant and polished look! ADD YOUR FIX...
- + Detox Wrap** **+ 40 Minutes** **\$ 95**
 Improve hydration and skin texture with a firming and detox seaweed wrap.
- Sun Cooler** **90 Minutes** **\$ 170**
 Over-kissed skin? We have the perfect blend to restore the hydration and refresh your body and face.
- I Love You** **120 Minutes** **\$ 400 (per couple)**
 Together is always better! Share your love and a top to toe treatment with your better half.
 (Scrub + Chakra balancing Massage + Face Massage + Third Eye pouring oil)
- Body & Mind De-stress** **120 Minutes** **\$ 440 (per couple)**
 A stress-free day needs to start with this 120minutes #chill out and #relax journey. Get your energy and vitality back in no time!
 (Scrub + Tibetan Body Massage + Adreno Pack Application)



GOLDFINGER BY MARGARET DABBS

We offer first class sole therapy with a difference – fusing health and beauty and providing outstanding care that visibly transform the feet and hands. Performed to the highest standards, nail technicians professionally trained by Margaret Dabbs London offering the optimum results.

Supreme Pedicure **60 Minutes** **\$ 95**
 Coral, turquoise blue, bang red or nude healthy toe nails combined with foot massage and hydrated skin? Gotta try it!

Supreme Manicure **60 Minutes** **\$ 85**
 Groovy and shiny fingernails to match tonight's dress? We have it!

Supreme Gel Polish Pedicure	90 Minutes	\$ 155
Supreme Gel Polish Manicure	90 Minutes	\$ 145
Mini Gel Polish Manicure or Pedicure	60 Minutes	\$ 110
Gentlemen's Pedicure	50 Minutes	\$ 70
Gentlemen's Manicure	50 Minutes	\$ 60
Mini Pedicure or Manicure	30 Minutes	\$ 50
Shape & Frenchie	40 Minutes	\$ 50
Shape & Polish	30 Minutes	\$ 40
Nail Art	30 Minutes	\$ 40
Gel Polish Removal	30 Minutes	\$ 40
Nite Nite Reflex	20 Minutes	\$ 30
Nail Polish	20 Minutes	\$ 30

MAN CAVE BY GENTLEMEN'S TONIC

Caters for the well-heeled men who prefer to look smart and well-groomed in a modern but classic style. The Cove Club in Finolhu is proud to showcase Gentlemen's Tonic men's traditional barber and grooming treatments because they are the finest.

Gents Anti-Aging	60 Minutes	\$ 165
Gents Detox	60 Minutes	\$ 160
Gents Hydrate	60 Minutes	\$ 150
Traditional Wet Shave	20 Minutes	\$ 65
Royal Wet Shave	30/40 Minutes	\$ 80
Luxury Bespoke Shave	60 Minutes	\$ 110
Eyebrow Threading	15 Minutes	\$ 35
Indian Head Massage	30 Minutes	\$ 95
Gentlemen's Mini Facial	30 Minutes	\$ 55
Hair Cut and Finish	30/40 Minutes	\$ 50
Scalp Shave	30/40 Minutes	\$ 50
Beard Design	30/40 Minutes	\$ 50
Children's Cut	20/30 Minutes	\$ 35
Father and Son Cut & Finish	30/60 Minutes	\$ 80



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DASHING DIVA BY LOUISE GALVIN

Louise’s own luxurious and natural as possible hair care range has no “Nasties” - NO Silicone, SLS or PGI, Parabens and Synthetic polymers. Louise believes chemical ingredients including Silicone undermine and destroy our hair’s natural ability to shine and her tag line is “Healthy Scalp - Healthy Hair - Be kind to your hair - and yourself - today”.

Blow Dry + 30 Minutes From \$ 50

Vitox™ Highlight Brightener 30 Minutes From \$ 55

Recharge your hair with Vitamin C to brighten your highlights that are looking a little lacklustre.

Beach Gloss for Blondies 30 Minutes From \$ 45

A 30 minutes Translucent Conditioning Golden Beach Gloss by Louise Galvin adds a lustrous gold shimmer to add shine and body to your hair. Ideal for blondes wanting to add shimmer, shine and body.

Beach Gloss for Brunettes 30 Minutes From \$ 55

This 30 minute treatment is ideal for brunettes wanting to add, shine and body. It enriches colour to sun faded ends and can also be used to blend grey hairs. Micro steamer is used to intensify the gloss and nourish hair.

Nourishing Intensive with micro steamer 30 Minutes From \$ 55

Salty water and sun can leave your hair dry and we have the solution Mask combined with a #relaxing full head massage.

Sunrise to Sunset Nourishing 20 Minutes From \$ 50

Apply an intensive mask at sunrise to keep your hair nourished until sunset.

The perfect look (with blow dry) It varies From \$ 60

A nourishing hair wash, conditioner followed by a luxurious photo finish blow dry for a chic glamorous finish

(Treatments timing and prices will vary depending on hair length).



FITNESS CENTER - MOVEMENT MENU

“A wise man ought to realize that his health is his most valuable possession”. Hippocrates

Yoga	30/60/90 Minutes	\$ 50/95/140
Meditation	30/60 Minutes	\$ 60/110
Pilates	60 Minutes	\$ 110
Beach Workout	60 Minutes	\$ 110
HIIT	60 Minutes	\$ 110
Functional and Core Training	60 Minutes	\$ 110
TRX	60 Minutes	\$ 110
Swimming Class	60 Minutes	\$ 110
Personal Training	60 Minutes	\$ 110



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