



SUNDĀRI

AYURVEDIC
SPA

Abyhanga

(60 / 90 minutes) | USD 180 / 210

Shirodhara

(45 Minutes) | USD 155

Pizhichil

(90 Minutes) | USD 210

Udwarthanam

(60 Minutes) | USD 180

Lotus Indulgence Massage

(90 Minutes) | USD 210

Pinda Swedana (Hot Poultice Therapy)

(60 Minutes) | USD 210, Options with 90 minutes | USD 255

Shiro abhyangam

(60 Minutes) | USD 135

Tanlepa

(30 Minutes) | USD 85

Pada Soundhariym

(60 Minutes) | USD 135

The SUNDĀRI Facial

(60 Minutes) | USD 180

Age Defying Firming Facial

(90 Minutes) | USD 220

Intensive Healing Facial

(90 Minutes) | USD 220



SUNDĀRI
AYURVEDIC
SPA

Beautiful Eye

(30 Minutes) | USD 110

Firming Neck Treatment

(30 Minutes) | USD 125

Firming Body Envelopment

(90 Minutes) | USD 230

Omega 3 Body Envelopment

(90 Minutes) | USD 230

Neem Body Envelopment

(90 Minutes) | USD 230

Firming Experience

(120 Minutes) | USD 280

Healing Experience

(120 Minutes) | USD 280

Supplifying Experience

(120 Minutes) | USD 320

Sundari make over

(170 Minutes) | USD 350

Yoga

Surya Namaskar | USD 65 per person • *Chandra Namaskar* | USD 65 per person

Pranayam & Meditation | USD 65 per person • *Weight Reduction* | USD 65 per person

• *Pregnancy* | USD 75 per person

Ayurvedic Cooking Class | USD 140