

ARMANI/SPA

A Life SPA environment that reflects the Armani lifestyle and design philosophies; offering beautiful unique spaces and outstanding service for individual treatments, personal fitness, sequential thermal bathing, creative SPA cuisine and private and social relaxation.

Armani/SPA offers a fully tailored sensory experience to suit the needs of every individual. Simply reserve your desired SPA time and design your personal SPA collection, combining unique therapies and services.

SPA therapies have been designed to fulfill different goals. MU quenches a desire for relaxation and stillness; Libert  encourages freedom of movement and the release of physical pain; and Fluidit  enhances vitality, restoring internal balance.

ARMANI / SPA





ARMANI/SPA Collections

Armani/SPA is based on the creation of a sequence of personalised treatments designed to fit the time you have available, in order to deliver an enjoyable and therapeutic experience.

Your experience begins with a one-on-one consultation with your personal SPA professional who will discuss your tailor-made treatment schedule. Whether you select a signature experience or a full day of pampering, your time at Armani/SPA includes ample relaxation time, leaving you calm yet rejuvenated.

Half Day SPA Experience

A four-hour journey that includes up to three hours of selected holistic treatments, final touches, your choice from the bio, organic or vegetarian SPA cuisine menu, and use of the tranquil outdoor pool and state-of-the-art gym.

Full Day SPA Experience

A flexible eight-hour journey for the ultimate in personalised indulgence.

Enjoy up to four hours of tailored holistic treatments, final touches and the choice of a two-course bio, organic or vegetarian SPA cuisine menu.

A personal training session in the state-of-the-art gym, equipped with a Kinesis wall and cv modular machines, and access to the tranquil pool area is also included.

Complete your journey at the SPA Terme with its cleansing sauna, steam bath, laconium and sequential shower, before ending the day in the calming setting of the relaxation lounge with an appetizing selection of healthy fruit snacks and beverages, and the soothing backdrop of the waterfall display.



ARMANI
HOTELS & RESORTS

MU, LIBERTÀ and FLUIDITÀ are elegant and trusted therapeutic and holistic techniques which are enhanced with a collection of light, warm and soft fabrics using natural textures, and featuring Armani's bespoke naturally fragranced Bois, Jasmine and Jade oils.

Mu

STILLNESS

Treatments to create moments of stillness, peace and relaxation.

Face - Revitalising

Flowing classical massage that lifts stress from the face and underlying muscles, nurturing the complexion as well as soothing the emotions. Skin care is chosen accordingly to hydrate, renew and balance as required. This technique is especially helpful for dehydrated and dry skin.

50 or 80 minutes

Texture Body Wrap - Smoothing

Soft natural sisal gloves buff the skin and an intense white hydrating body mask is applied to condition the body. Organic cotton, linen and wool body sheets, are used and in combination provide heat as desired to infuse enriching skin serums and essential Armani Jasmine oil into the skin, this fabric body wrap is intensely hydrating and deeply relaxing.

50 or 80 minutes

Massage - Relaxing

Armani fragranced oil of Bois to strengthen - or Jade to uplift, or Jasmine to calm - are used with warmed aromatic silk eye pillows and warmed herbal cotton compresses. The slow comforting technique delivers a deep relaxing massage, which can induce sleep and relieve mental tension.

50 or 80 minutes

Libertà

FREEDOM

Treatments that have been especially created to liberate the body, soothe muscles, joint and ligaments, and gently relieve deep-seated physical stress.

Face - Rejuvenating

An energetic and penetrating face massage that enlivens facial contours and stimulates the skin's radiance. Cool marble soothes the body and skin care is chosen accordingly to hydrate, renew and balance as required, making this technique especially helpful to improve natural firmness and increase suppleness.

50 or 80 minutes

Texture Body Wrap - Firming

Luxury cotton and linen sheets wrap around the body after a stimulating skin exfoliation with natural skin brushes to improve body tone. A mineral-rich warm mud and fortifying Armani Bois oil soothe tense muscles, for a silky smooth relaxed body.

50 or 80 minutes

Massage Deep Tissue - Muscle Tension Release

Armani Bois oil with moody resinous cedar wood is used as part of a deep, penetrating pressure point-inspired massage treatment that coaxes the muscles into releasing tension. Warmed cotton compresses are placed over the body for extra comfort and increased muscle focus.

50 or 80 minutes

Fluidità

FLUIDITY

Treatments designed to balance and energise the body and skin to relieve, stimulate and revitalise the body's essential core functions from within.

Face - Lymphatic Drainage

A soothing technique using gentle draining waves to remove facial puffiness resulting in a calm complexion with increased ability to renew and receive nutrients. The softest skin brushes enhance the effects and infuse the skin with health and skin care is chosen accordingly to hydrate, renew and balance as required. This technique is especially helpful for over-stimulated skin.

50 or 80 minutes

Texture Body Wrap - Detoxifying

Luxurious unique gentle brushing techniques motivate the lymphatic circulation and improve areas of irregular skin tone. The body is draped in layers of comforting fabrics to promote the penetration of natural mineral mud. Armani Jade oil balances and uplifts the emotions. This fabric wrap is especially helpful for removing body toxins.

50 or 80 minutes

Massage - Energizing & Travel recovery

Energising body draining techniques intensified with a unique soft body brush and Armani Jade oil improve the lymphatic circulation and promote swift recovery from demanding travelling schedules and minor internal imbalances.

50 or 80 minutes

ARMANI/SPA

ARMANI/SPA Signature Collection

CREMA NERA for her and Skin Minerals for him are skilfully applied to the face using hot and cold stones to repair, enhance and smooth all skin types. A fusion of Japanese Shiatsu, Thai, traditional and acupressure techniques are applied to the body which is comfortably wrapped in luxurious Armani black silk. Aromatherapy inhalation using fragrant Armani-inspired essential oils while relaxing on the unique elevating Armani ceremonial couch enhances a feeling of deep relaxation and sublime stillness.

30 minutes Face

60 minutes Body

90 minutes Face & Body

Giorgio Armani's Crema Nera and Skin Minerals luxurious skincare is also available to purchase from the SPA reception and can be delivered to your room.

ARMANI/SPA Essential Touches

25 minutes sequences to focus on specific areas.

Head Massage

Back Massage

Foot Massage

Body Scrub

Mini Facial

Gift Vouchers

Personalised Gift Vouchers are available to purchase for any SPA treatment or collection. Vouchers may be sent directly on your behalf, collected in person, or delivered to your room.

ARMANI/SPA Final Touches

Manicure and Pedicure treatments for close attention to nails, hands and feet. Perfection polishing, simple buffing and grooming are available in our Final Touches treatment suite.

Armani/SPA will work within the time that you have to achieve the results you desire.

We advise the following time allowances:

60 minutes for relaxation, skin conditioning and polishing

30 minutes for perfection polishing

15 minutes for tidying and buffing or polish repair

Depilatory waxing is also available.

ARMANI/SPA

Terme

A cascade of classical sequential bathing experiences - heat, humidity and falling water to cleanse and heal the body and mind.

Sauna

A dry deep heat, muscle relaxing, invigorating and immunity boosting. The recommended use is 10-15 minutes, followed by a relaxation period of the same duration.

Steam vapore

Moist heat that encourages perspiration and increased blood circulation, enlivening the senses and cleansing toxins. The vapore eases breathing and promotes glowing skin tone. Recommended use of maximum 25 minutes.

Acqua

A warm, freshwater shower with a cool mist walkway, to intensify and complete the SPA Terme experience.

Journeys

Half-hour guided journeys featuring a collection of Armani/SPA Terme sequences designed to achieve the desired result. Selected herbal infusions will be served to prepare the body and enhance the benefits of each of the three thermal sequences: Mu, Libertà, Fluidità.



ARMANI/SPA

Opening Hours

SUNDAY TO SATURDAY

SPA and Thermarium *9 am to 9 pm*

Pool *6 am to 9 pm*

Gym *24 hour access for in-house guests
7 am to 10 pm for external guests and members*

All treatments and SPA time may be booked in advance with your Lifestyle Manager, or directly at the SPA.