

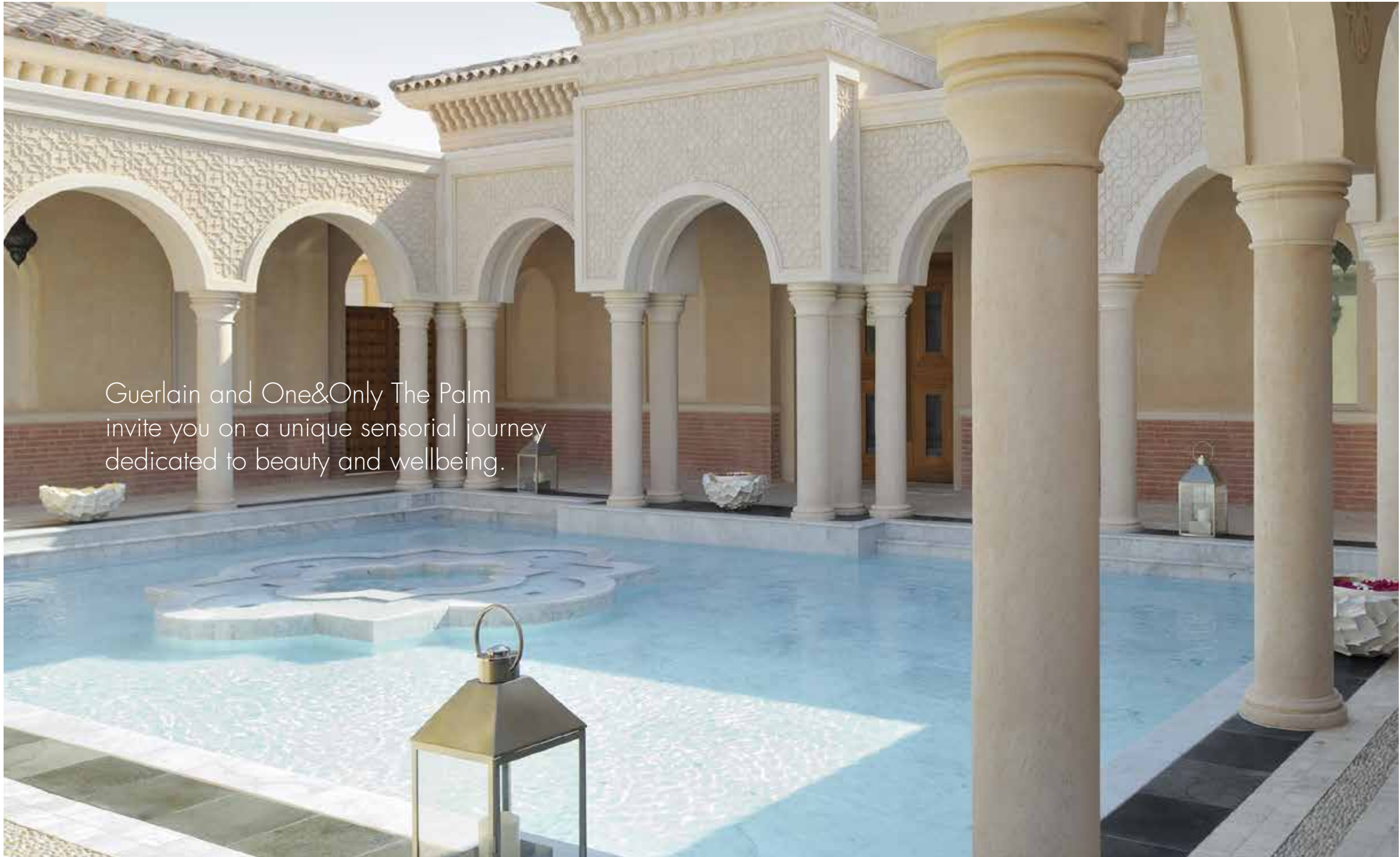


GUERLAIN
SPA

One&Only
THE PALM
Dubai

THE ART
OF BEAUTY

by Guerlain



Guerlain and One&Only The Palm
invite you on a unique sensorial journey
dedicated to beauty and wellbeing.

Yield to the magic of a unique Guerlain treatment or massage experience where cutting-edge innovation blends with customisation, luxury, emotion and sensuality. Your transformation begins here...

A UNIQUE KNOW HOW

In 1939, Guerlain opened its first "Institut de Beauté" at 68 Avenue des Champs Elysées and invented an exclusive facial massage technique. This Guerlain facial massage technique remains just as unique and exclusive today. A universe of continual creativity, l'Institut Guerlain today develops new exclusive massage techniques, an audacious fusion of traditional techniques from the most reputed Asian and Western practitioners, married to the best of Guerlain Science.

A CUSTOMISED EXPERIENCE

Every treatment is transformed into a unique and personal occasion, a moment created especially for you – this is the essence of the Guerlain experience, the perfect union of effective know-how and aesthetic expertise. Our Beauty Coaches begin each treatment with an in-depth analysis and precise skin diagnosis to reveal your specific beauty and wellbeing profile, thus gaining intrinsic understanding of your essential concerns in order to tailor a treatment to your needs and expectations.

LA SUITE 'DÉSERT D'ORIENT'

The Guerlain Spa at One&Only The Palm invites you to discover 'La Suite', a temple of serenity where each treatment unfolds step by step. A sanctuary of wellness, La Suite 'Désert d'Orient' is the perfect place in which to enjoy a treatment with someone special. Each experience includes different layers of true oriental rituals, body scrub, exfoliation, heated slabs, which reveal an unparalleled sensory journey. You will also discover the 'Désert d'Orient', an exotic journey where exquisite pleasure and sensuality intermingle.





GUERLAIN EXCLUSIVE EXPERIENCES FOR ONE&ONLY THE PALM, DUBAI

Guerlain and One&Only The Palm have created unique exclusive therapies only available at One&Only The Palm.

ONE&ONLY SOLAR EVASION 1H30

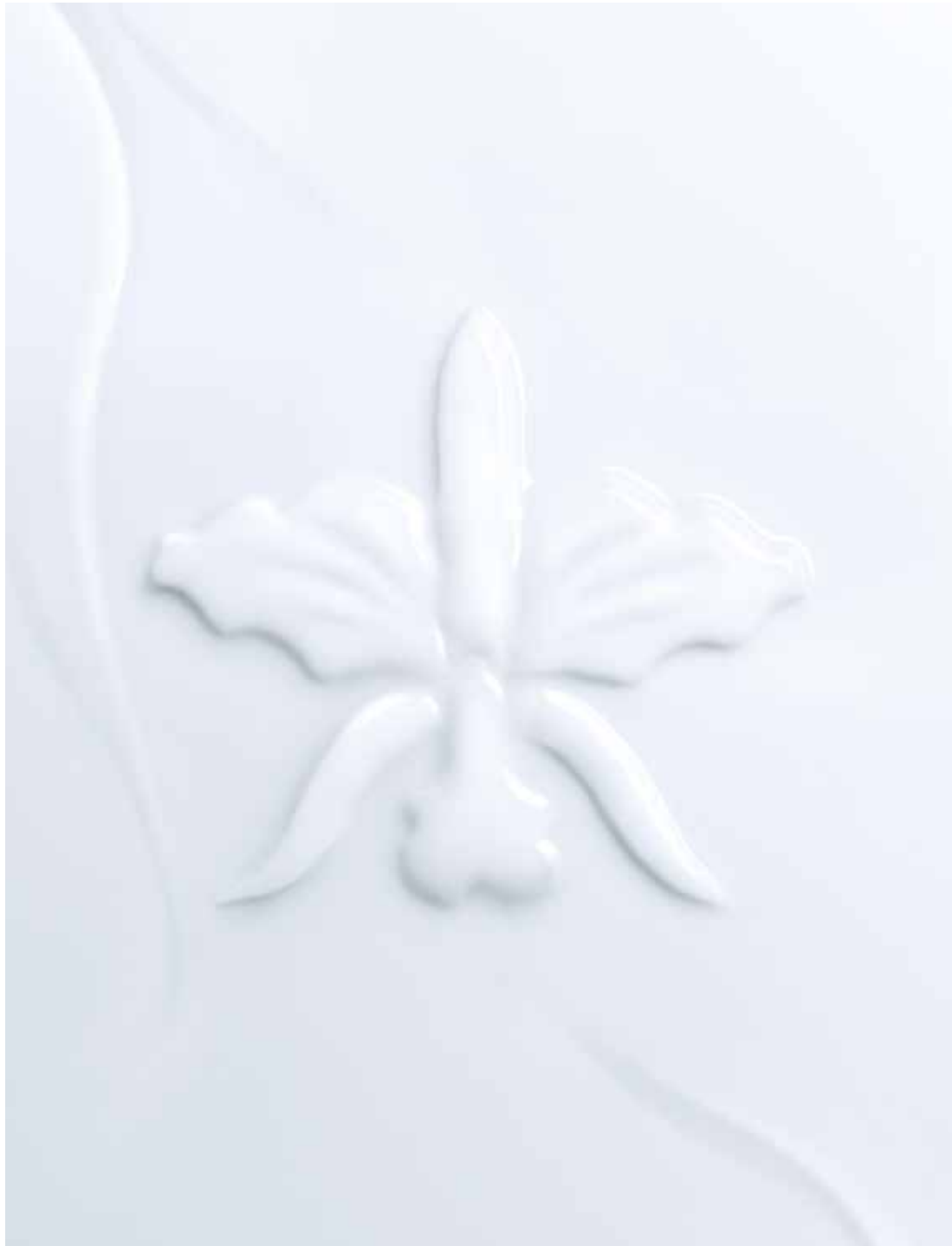
This sensory and relaxing face and body treatment prepares your skin for tanning and prolongs your healthy glow after soaking up the sun. Prior to your treatment, your body is pampered with a smoothing exfoliation, leaving your skin cleansed, refined and silky soft. Your body is then revitalised thanks to a soothing massage with Terracotta "Huile du Voyageur" oil. The masterful ballet of soft and harmonious massage therapy provides a profound sense of absolute relaxation and escape.

DUBAI HARMONY 1H30

This treatment is the perfect harmony between a treatment and a massage, creating an incredible feeling of wellbeing and lightness. By alternating between hot and cold temperatures, the skin gets regenerated, the complexion illuminated and tissues re-oxygenated. A sequence of flowing manoeuvres with draining effect stimulates reactivation of the circulation and relieves the body of any muscle tension.

DÉSERT D'ORIENT 2H / 2H30

This journey begins with the application of the Silk Indulgence Milk Scrub and a Guerlain body wrap to prepare your skin. Following true oriental tradition, you then enter the steam room which confers its soothing benefits. The wrap combined with the virtues of the steam room purifies your skin, eliminates toxins and soothes muscle pain. Rounded off with a personalised massage with one of the four Guerlain scented Massage Elixirs, this treatment leaves your skin soft and silky, and plunges you into one of our sensory universes. A luxurious feeling of wellbeing takes hold of you.



ORCHIDÉE IMPÉRIALE, THE QUINTESSENCE OF GUERLAIN TREATMENTS

The complete Guerlain care range 'Orchidée Impériale' is the result of ten years of research from Guerlain's unique platform, the orchidarium.

ORCHIDÉE IMPÉRIALE PRESTIGE TREATMENT 1H30 / 2H30

The remarkable longevity of the orchid has inspired Guerlain to create this exceptional facial treatment, the most comprehensive facial of them all. A combination of firming massage, stemming from the aesthetic know-how of Guerlain, and the efficiency of the iconic Orchidée Impériale creams. The precision of the new concentrate offers absolute wellbeing and visibly transforms your skin, revealing a rediscovered youth.

ORCHIDÉE IMPÉRIALE ULTIMATE FACE & BODY 2H / 3H

This new anti-aging treatment combines an exclusive firming massage by Guerlain with the efficiency of the Orchidée Impériale products. It is delivered with flawless efficiency providing a feeling of complete wellbeing. Deep movements stimulate every muscle, whilst the energizing massage ensures cellular renewal. The ritual visibly maintains the firmness and tone of the face and body, restores your skin's glow and leaves you with a radiant complexion.



ABEILLE ROYALE, WRINKLE CORRECTION, FIRMING FACIAL

ABEILLE ROYALE EXPERT TREATMENT 1H30

Reinvigorate your face with this expert treatment using ingredients that draw out an infinite life source from within the skin for a smoother and firmer face. After a 'microdermabrasion' peeling treatment and a massage with warm plant infusions, each wrinkle is targeted with the Abeille Royale Youth Serum. This serum uses pure Royal Concentrate, born from the repairing power of bee products, to activate the key mechanisms of the healing process within the skin* to help repair wrinkles and improve tissue firmness. The Guerlain massage and a tailored mask complete the performance for immediate and visible results.

*In vitro test

FACIAL TREATMENTS:
TAILOR-MADE GEMS

Guerlain facial treatments combine highly advanced products, aesthetic expertise, and the most refined services tailored to your unique specifications.





INTENSIVE FACIAL 2H

Two hours of sheer bliss to enhance pure and radiant beauty. A deep cleansing treatment that is combined with a 25-minute Guerlain facial massage and specific mask as well as an active skincare concentrate to strengthen and reveal greater texture and tone in the skin.

COMPLETE FACIAL 1H30

The exclusive 90-minute Guerlain facial massage uses an active skincare concentrate and mask to round off this deep cleansing facial therapy. The ultimate hour and a half revival for tired-looking skin.

RADIANCE FACIAL 1H

Achieve a fresh, clear and radiant complexion with this deep cleansing treatment coupled with the exclusive 5-minute Guerlain facial massage and mask.

The ultimate in luxury and efficiency, Guerlain designs and executes each facial by adjusting the intensity of pressure according to the needs of your skin. The effectiveness of the renowned Guerlain method shines through in each of the series of movements, perfected for unrivalled results.

LUMINOUS TOUCH

For sensitive, congested or lacklustre skin, the gentle pressure of the Luminous Touch improves oxygenation of the facial tissue. Illuminate your complexion, and reveal healthy, radiant skin.

EXHILARATING TOUCH

For skin that is stressed or fatigued, firm pressure relaxes features and smoothes fine lines. Revive your skin's natural health.

FIRMING TOUCH

For skin that has lost its firmness, a deep pressure massage exercises the muscles of the face to stimulate the tissue and enhance its strength. Restore your skin's youthful glow.

AESTHETIC ANTI-AGEING FACIAL MASSAGE

BEAUTY LIFT 1H

This intense programme of stretching and dynamic muscle movement targets wrinkles and activates microcirculation. The transformation is real and immediate - a radiant complexion, smoothed features, plumped cheeks, and eyebrows naturally lifted, all with the feeling of having been massaged from head to toe.



BODY SUBLIMATION

SLIMMING TREATMENT 1H / 1H30 / 4 OR 8 SESSIONS

This in-depth treatment incorporates massage techniques from all over the world, associated with wrapping, rolling and kneading to release body tensions, help eliminate water and reduce cellulite. Toxins are drained and blood circulation improved. The application of Guerlain's Perfect Curves Shaping Serum and Ultimate Body Remodeling Cream brings a sensation of lightness to the legs and contributes to a more slender figure.

INTENSIVE BODY THERAPY 2H

The very essence of body therapies, this complete programme combines the strengths of an invigorating body polish, replenishing body wrap and customised skincare concentrate massage to sublimate the skin from head to toe in a haven of luxury and voluptuous pleasure.

PURE & RADIANT BACK TREATMENT 1H

This deep steam cleansing of the back purifies, hydrates and revitalises your skin providing a profound sense of wellbeing.

BODY POLISH 1H

An invigorating water massage and rejuvenating body polish transport you to a total state of relaxation. Coupled with a hydrating treatment, this therapy leaves your skin healthy, refined and as soft as silk.





AROMA EXPERIENCE

SENSORIAL JOURNEYS 1H / 1H30

Enjoy one of our marvellous sensorial journeys. Adapted to your wishes and needs, our holistic treatments will make your senses travel.

Discover the revitalizing effect of sparkling citrus fruits and fresh grass in this stimulating sensorial journey. Firm, rapid and strong movements stimulate the energy flow. You feel refreshed and a divine sensation of lightness.

This relaxing sensorial journey evokes the soothing effect of lazing about on the beach, where scents of sun and the sand merge together. Soft, slow and harmonious movements caress your face and body for immediate relaxation. You feel a sense of escape and serenity.

Travel to the sensuality of the Orient thanks to the enveloping sensorial journey. The smooth curls of smokey incense transport you. Enveloping, slow and generous movements will sooth you. You feel peaceful and relaxed.

The exalting sensorial journey transports you to the underbrush where nature reveals its mysteries and brings you back to authenticity. Firm, rapid and brisk movements release all tensions. You feel bold and self-confident.

HARMONIZING MESSAGES

DEEP MUSCULAR MASSAGE 1H / 1H30

Reshape and tone the body through deep relaxation. This is a powerful, sensory ritual where tired muscles are soothed by adopting the five most effective traditional methods in the world. Tension is released and muscles reinforced for the longterm.

IMPERIAL RELAXING MASSAGE 1H / 1H30

This massage pays homage to the Eau de Cologne Impériale. Wrapped in an anti-stress cocoon, this multisensorial experience inspires complete calm, leaving you totally relaxed, yet invigorated. The Imperial Relaxing Massage facilitates oxygenation, stimulates circulation and evokes a profound sense of serenity.

4-HAND IMPERIAL MASSAGE 1H / 1H30

Modelled on the signature Imperial Relaxing Massage, this masterful ballet massage movements by expert hands offers a unique and absolutely sensorial experience. From the very first moment you surrender to tranquillity, abandoning yourself to the rich sensation of lightness and wellbeing.

PRE/POST NATAL MASSAGE 1H / 1H30

Available as of the second pregnancy trimester, or after birth, this massage eases the aches and pains caused by pregnancy and relieves the back from tension. It improves the elasticity of your skin and stimulates circulation.

HARMONIZING MESSAGES

HOT STONES MASSAGE 1H / 1H30

Thanks to the use of hot stones, this massage deeply warms muscles and stimulates the nerve endings to activate blood circulation and improve complexion. The drainage and detoxifying effect is immediate, blood circulation and energy flow are naturally restored.

FOOT REFLEXOLOGY 1H

A reflexology foot treatment speeds up recovery by improving venous and lymphatic circulation, and stimulates the elimination of toxin build up associated with muscle exertion. It brings a sensation of lightness to the legs and feet, and considerably reduces muscle cramps and soreness. The session is accompanied by an invigorating scrub surprisingly relaxing.

THAI MASSAGE 1H / 1H30

This ancestral dry massage takes its cue from natural traditional medicines. Acupressure and stretching techniques inspired by yoga awaken the body's energy flow and release any physical tension.

The massages proposed are for the purpose of stress reduction, wellbeing and beauty. We recommend that you consult a healthcare professional for any medical examination.



THERAPIES FOR MEN

FACIAL THERAPIES

SKIN-SAVER FACIAL 1H30

Following an invigorating exfoliation, your skin is strengthened and revived with Guerlain's exclusive facial massage and specialty mask. A unique eye treatment relieves congestion to reveal youthfulness and clarity.

ENERGIZING FACIAL 1H

Give your skin a boost! Uncover a fresh, revived complexion through deep cleansing. An exfoliation, massage and mask, coupled with an eye treatment, generate a rested and radiant skin tone.

FACE & BODY THERAPY

INVIGORATED BREAK 2H

Eager to relieve stress and boost your energy? This Invigorating Break for men on-the-move includes an energising body massage, a complete facial exfoliation and an eye contour treatment to reduce visible fatigue, restoring and replenishing skin's tone and elasticity.

All Guerlain therapies are available for men.

TRAVEL PRESCRIPTIONS

Ideal upon arrival in Dubai or prior to your departure, these treatments are intended to soothe the inconvenient effects of air travel.

JET-LAG 2H30

Complete Facial (1H30) & Imperial Relaxing Massage (1H).

PRE-FLIGHT 2H30

Dubai Harmony (1H30) & Sensorial Journeys (1H).

GUERLAIN SPA GIFT CERTIFICATE

Give the treasured gift of Guerlain – an experience as luxurious as it is unforgettable. Select from our wide array of Spa treatments and Guerlain products.

GUERLAIN FEATURING ITS EXCEPTIONAL PRODUCT COLLECTIONS AT ONE&ONLY THE PALM, DUBAI

A selection of Guerlain products is available for purchase at the Guerlain Spa boutique. Indulge in Guerlain's realm of exceptional fragrances, the sensuality of their luxurious textures and let yourself be seduced by the extraordinary range of cosmetics available at One&Only The Palm, Dubai.

THE EXCLUSIVE COLLECTIONS

Lovers of beauty will appreciate Guerlain's timeless and elegant fragrances, each with its own individual character and exquisitely designed bottle – l'Art et la Matière, les Elixirs Charnels, les Déserts d'Orient. With their use of precious materials and absolute refinement, the Exclusive Collections encapsulate the Guerlain spirit.

THE ART OF SKINCARE

Guerlain's research has always focused on the quest for perfect skin by creating outstanding skincare products that blend active, natural and rare ingredients. Like precious jewels, every beautifully crafted jar encases an efficient and refined product that has been carefully formulated and delicately perfumed, to ensure each use is a truly sensory experience.

THE MAGIC OF MAKE-UP

Shimmering powders and extraordinary lipsticks...an exclusive selection for Dubai has been chosen from the Guerlain collection for an illuminating effect.

TREATMENT DURATION

We encourage you to arrive at the spa at least 15 minutes prior to your treatment time in order to fully enjoy your Spa experience.

A MOMENT OF TRANQUILITY

Our Spa is a haven of serenity. Please be sure to turn off your cell phone so that your relaxation and that of other guests is not disturbed.

RESERVATION AND CANCELLATION POLICY

In order to secure the most suitable schedule for you, we recommend that you anticipate your treatments by reserving an appointment. Should you need to cancel or reschedule your appointment, as a courtesy we ask that you provide 6 hours' notice to avoid incurring the full therapy fee or voiding gift certificates. Cancellations made within less than 6 hours will incur a charge of 100% of the treatment price. The minimum age of 16 is required for access and treatment in the Spa.

LATE ARRIVAL

Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.

SPECIAL CONSIDERATION

Guest who have high blood pressure, heart conditions, have any other medical complications, or are pregnant are advised to consult their doctors before signing up for any spa services. Kindly inform your Spa therapist of any existing medical conditions.

VALUABLES

A box for safekeeping of valuables is provided in the treatment room but we recommend that no jewelry be worn at the Spa. The management and Ambassadors accept no responsibility for the loss of money or valuables of any kind bought into the Spa premises.



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